

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
About You	make a piece of art that represents your heritage	Art that's Me		Art in 3-D	133
About You	create a personal care schedule	Here's looking at you		Becoming a Teen	31
About You	keep track of things you have done well	Name Your Talents		Being my best	32
About You	who would you like to be shipwrecked with and with what 5 items	Shipwrecked on an Island		Creative Solutions	145
About You	try to drink six to eight cups of water a day	Drink Plenty of Liquids	7	Field Sports	75
About You	create your own health pyramid	Keeping it Balanced	2	Food Power	76
About You	record everything you eat for one week	Track it	1	Food Power	76
About You	come up with 7 ways you make fit choices throughout the day	A Little each Day	1	Fun and Fit	79
About You	show you can do certain things on horseback	In Good Form		Horse Rider	107
About You	create a personal hygiene routine	A Personal Hygiene Routine		Looking Your Best	39
About You	organize your closet and dresser	Organize		Looking Your Best	39
About You	what does your name mean	What's in a name		My Heritage	55
About You	learn to take your pulse	Catch the Beat		Science in Everyday L	205
About You	with a police officer learn about your fingerprints	You Can't Escape Your Identify		Science Sleuth	210
About You	using a sewing pattern diagram figure out your size on the pattern	A Perfect Fit		Sew Simple	169
About You	listen to 5 of your favorite songs, decide which one is relaxing to you	Listen to Music		Stress Less	87
About You	zze end - so you can sort by badge or by category (and get back to the original)				
About You - Health	create a way to track your progress to a healthier you	Keeping Track	9	A Healthier You	81
About You - Health	do you have flat feet or high arches	Fancy Footwork	10	Fun and Fit	79
About You - Health	find out if you are wearing the right size shoe	If the shoe fits, wear it	10	Fun and Fit	79
About You - Health	write a letter to yourself from your body	Sincerely, Your Body	1	Highway to Health	82
About You - Health	zze end				
About You - Party	have a color party - which color looks good on you	Color party	5	Looking Your Best	39
About You - Party	have a hair styling party	Experiment with Hairstyles	7	Looking Your Best	39
About You - Party	have an accessory party	Accessory Party	10	Looking Your Best	39
About You - Party	have a wildlife symbol party	Wildlife Symbol Party		Wildlife	125
About You - Party	zze end				
Acting	act out a situation about kids dealing with peer pressure	Peer Pressure Role Play		Being my best	33
Acting	choose a female athlete you admire and pretend to be her	Be a Role Model		Court Sports	71
Acting	practice making emergency phone calls	Get Help		First Aid	63
Acting	act out positive responses to situations	Be Your own Role Model		Healthy Relationships	49
Acting	role play what you would say to a friend to help them stop smoking	What do you do?		High on Life	65
Acting	practice being a role model	Play a Leading Role	4	Lead On	18
Acting	learn how to be a conductor	Be a Conductor		Making Music	193
Acting	read some Trickster legends & perform one OR make up a contemporary trickster story & share it with	The Trickster		Now and Then Stories	online
Acting	read stories whose morals concern protecting the environment. Make your own.	Care For The Earth		Now and Then Stories	online
Acting	act out solutions to travelers problems	What would you do?	2	On My Way	25
Acting	role play 3 outdoor emergency situations	Outdoor Emergencies		Outdoor Fun	113
Acting	become an amateur magician	It's Magic		Puzzlers	167
Acting	do 2 things an archaeologist would do	Act Like a Scientist		Science Discovery	202
Acting	role play what you would do in different situations	Try it on for size		The Choice is Yours	61
Acting	design you own costumes and props for a play	Mix it Up, Make it Up		Theater	171
Acting	do a style of acting found in another part of the World	Theater Around the World		Theater	171
Acting	play mirror mimic	Mirror Mimic		Theater	171
Acting	practice the breathing techniques	Belt it Out		Theater	171
Acting	read a play and act out the character	Character Traits		Theater	171
Acting	use objects to imitate beaks used by different birds	Creature Feature		Wildlife	125
Acting	create a display, poster, map, drawing, story, or skit	Creative Control		Women's Stories	online
Acting	create a skit, puppet show, musical play, dance, or shadow box/diorama	Moments in History		Women's Stories	online
Acting	zze end				
Animals	look for ways animals have adapted in their habitats	Adapt or Perish		Earth Connections	95
Animals	at least 2 weeks, care for animal usually raised for food or fiber. Keep a daily record.	Caring for Animals		Food, Fibers and Farn	online
Animals	choose an animal you would like to raise & Interview someone who raises it.	Raising An Animal		Food, Fibers and Farn	online
Animals	find and identify 3 animal tracks in the snow	Snow Detective		Frosty Fun	101

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Animals	learn how seals, walrus and polar bears stay warm	Natural Insulation		Frosty Fun	101
Animals	find out about the places you can ride horses in your community	On the Trail		Horse Fan	105
Animals	learn the parts of the saddle and bridle	Ease with Equipment		Horse Fan	105
Animals	examine the tools used to groom a horse	Clips, Combs, and more		Horse Rider	107
Animals	learn 2 new riding skills, work with an instructor	New Skills		Horse Rider	107
Animals	name the principal parts of a horse	Horse Anatomy		Horse Rider	107
Animals	saddle and bridle a horse by yourself	Get Ready to Ride		Horse Rider	107
Animals	take riding lessons	Perfect Your Form		Horse Rider	107
Animals	learn about rescue workers who save animals from oil spills	A Day's Week		Oil Up	196
Animals	observe animals in their habitats	Urban Wildlife		Outdoors in the City	114
Animals	figure out the daily, monthly, yearly costs for your animal	Add it Up		Pet Care	57
Animals	find out about 2 diseases that pets can spread	Don't pass it on		Pet Care	57
Animals	find out about illnesses that are common for your pet	Staying Healthy		Pet Care	57
Animals	how do you communicate with a pet?	Animal talk		Pet Care	57
Animals	how many offspring can your pet have	Facts of Life		Pet Care	57
Animals	identify 4 animals that would make good pets	To Have or to Have Not?		Pet Care	57
Animals	take care of a pet for 2 weeks	Be Responsible		Pet Care	57
Animals	what is a good diet for your pet	Healthy Diet		Pet Care	57
Animals	compare domestic animals to their relatives in the wild	Wild Relatives		Plants and Animals	116
Animals	learn about one animal or insect that is considered a pest	What a Pest!		Plants and Animals	117
Animals	teach a dog, cat or bird a new trick	Creature Teacher		Plants and Animals	116
Animals	with 25 pictures of animals create 4 groupings, explain	Creature Clusters		Plants and Animals	117
Animals	learn about an endangered species & how to help it through an org.	Wildlife In Danger		Ready for Tomorrow	online
Animals	observe a group of animals and identify it	The Key, Please		Science in Everyday L	207
Animals	make up a game that imitates animals that live in water	Water Moves		Swimming	121
Animals	learn about the water food chain	Water Food Chain		Water Wonders	215
Animals	set up an aquarium	A Balanced Life		Water Wonders	215
Animals	visit an aquarium, zoo, someplace with water and learn about 3 animals	Life Underwater		Water Wonders	215
Animals	draw, or take pictures of a plant or animal you can observe	It's all about the Details		Wildlife	125
Animals	figure out why certain animals are grouped together	We are Family		Wildlife	125
Animals	identify 1 or 2 poisonous animals in your area	Touch-Me-Not		Wildlife	125
Animals	learn about an endangered animal from our area	Staying Alive		Wildlife	125
Animals	use 2 different tools to see an animal close up	Take a closer look		Wildlife	125
Animals	use 3 things in the book to identify 3 kinds of birds or animals	Animal Watcher		Wildlife	125
Animals	watch a wild animal and discover 3 things about it	How was your day?		Wildlife	125
Animals	zze end				
Art	make a piece of art that represents your heritage	Art that's Me		Art in 3-D	133
Art	create 2 pictures using shades of color	Shades of Color		Drawing and Painting	153
Art	create an art gallery	On Your Own		Drawing and Painting	153
Art	experiment with 2 different painting techniques	No Brushes		Drawing and Painting	153
Art	learn the primary and secondary colors	Primary-Secondary		Drawing and Painting	153
Art	make a mural	On the Wall		Drawing and Painting	153
Art	use different mediums to make 3 different things	Media Savvy		Drawing and Painting	153
Art	use shapes to make a picture	In Shape		Drawing and Painting	153
Art	learn an art that was traditional for girls 75 years ago	Traditional Art		Folk Arts	155
Art	in the outdoors create two works of art	Diversity in Nature		Outdoor Creativity	111
Art	create a piece of art that reflects your feelings about a spot in nature	Urban Art		Outdoors in the City	115
Art	use seeds to make your own work of art	Seed Art		Plants and Animals	117
Art	create art about what your country means to you. Submit it to your local or school newspaper, or your	Express Yourself		United We Stand	online
Art	make a color wheel	Color Wise		Visual Arts	175
Art	zze end				
Birds	bird-watching	"Doing" Hobbies	1-10	"Doing" Hobbies	150
Birds	teach a dog, cat or bird a new trick	Creature Teacher		Plants and Animals	116
Birds	match tools or kitchen equipment to types of bird beaks	Creature Feature	3	Wildlife	125

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Birds	use 3 things in the book to identify 3 kinds of birds or animals	Animal Watcher	8	Wildlife	125
Birds	zze end				
Business	visit someone who makes art for the home at home	Home Arts: Home Business		Art in the Home	131
Business	create guidelines to start a business with a friend	Friends and Money	5	Business-Wise	11
Business	learn about business manners	Practice Makes Perfect	8	Business-Wise	11
Business	run your business for a month if possible	Up and Running	9	Business-Wise	11
Business	talk about the pros and cons of working for yourself	Risky Business?	3	Business-Wise	11
Business	create a budget and set financial goals for the year	Budget Breakdown		Cookie Biz	online
Business	invest in and follow a pretend stock in the stock market	Invest together	3	Money Sense	23
Business	invest in and follow a pretend stock in the stock market	Ups and Downs of the Mark	5	Money Sense	23
Business	zze end				
Careers	learn about careers related to your hobby	Your Hobby: A Possible Career		"Doing" Hobbies	151
Careers	find out about a job you would like to have	A Career for You	4	Careers	13
Careers	find out about careers in communication	Words of Life		Communication	47
Careers	list 1 career for each letter of "cookie." Pick 1 & learn 1 fact about it.	Outside the Box!		Cookie Biz	online
Careers	learn about a job working on the Web or interview someone with one.	Online Careers		CyberGirl Scout	online
Careers	learn about a job working on the Web or interview someone with one.	Online Careers		CyberGirl Scout	online
Careers	find out about a career where you need to know about another country	We're All Connected		Globe-Trotting	185
Careers	find out about girl scouts for adults	Careers in Girl Scouting	8	GS in the USA	7
Careers	find out about careers associated with horses	Make a career of riding		Horse Fan	105
Careers	find out about careers in the oil industry	Ten? Twenty?		Oil Up	197
Careers	learn more about geology related careers	"Geo" Careers		Rocks Rock	199
Careers	find out about different kinds of engineers and visit website	Engineering 101	7	Science in Action	online
Careers	how do firefighters, police officers, or EMTs use science & tech. in their jobs?	Emergency Science	1	Science in Action	online
Careers	learn about careers in the travel field	Careers in Travel		Traveler	27
Careers	zze end				
Cars	choose one of the examples in book to learn about	As we live and breathe		Car Care	59
Cars	create an emergency kit for the car	Be Prepared		Car Care	59
Cars	find out about parts of a car that need to be checked regularly	Check it Out		Car Care	59
Cars	find out about safety inspections	Public Safety		Car Care	59
Cars	find out how to wash a car and wash it	Make it Shine		Car Care	59
Cars	give directions on a safety check for a car	Write it down		Car Care	59
Cars	what are all the things on the dashboard of the car	On the Dashboard		Car Care	59
Cars	what are considered special features on a car	Owner's Manuel		Car Care	59
Cars	what are tires made of	Keep on Rolling		Car Care	59
Cars	find out how auto emissions are monitored	You "Auto Know"		Eco-Action	97
Cars	make a snow-storm emergency kit	Snow Travel Savvy		Frosty Fun	101
Cars	create a car safety poster	Campaign for Safety		Safety First!	67
Cars	discover how speed is affected by friction	Here's the Rub		Science Discovery	203
Cars	keep track of your car or bus trips for one week	Add it Up		Walking for Fitness	89
Cars	zze end				
Ceremony	make an origami paper crane, use it in a Girl Scout friendship ceremony	In the Fold		Art in 3-D	132
Ceremony	plan a coming of age ceremony	Celebrate		Becoming a Teen	31
Ceremony	hold an awards night	Award Night		Being my best	33
Ceremony	celebrate Thinking Day	Thinking Day	1	GS Around the World	3
Ceremony	plan a ceremony	Ceremonies: A Girl Scout T	3	GS in the USA	7
Ceremony	perform a piece of music	On Stage		Making Music	193
Ceremony	learn and participate in a flag ceremony	Red, White, and Blue	8	Model Citizen	21
Ceremony	plan a Girl Scouts Own	A Girl Scout's Own		Outdoor Creativity	111
Ceremony	learn how to fly an American flag or carry it in a parade. How do you show respect?	Show the colors		United We Stand	online
Ceremony	zze end				
Clothing	create a clothing accessory for yourself	Fashion Add-Ons		Art to Wear	135
Clothing	create clothes for dolls	Doll Clothes		Art to Wear	135
Clothing	decorate something you own	Decorate Your Wears		Art to Wear	135

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Clothing	make a design to put on a piece of fabric or clothing	Pattern-Maker		Art to Wear	135
Clothing	make or alter a piece of clothing you own	Show Your Flair		Art to Wear	135
Clothing	plan and show how to dress & what to take on a day hike	Comfort and the Right Stuff		Hiker	103
Clothing	find the best fabrics to us for different types of weather	What would I need if...		Your Outdoor Surround	127
Clothing	zze end				
Clothing - Fashion Show	hold a sun safety fashion show	Sun Sensations		Environmental Health	72
Clothing - Fashion Show	hold a fashion show for winter	Dress Cool		Frosty Fun	100
Clothing - Fashion Show	hold a fashion show in person or paper for proper riding gear	Fashion and Function		Horse Fan	105
Clothing - Fashion Show	hold a walker's fashion show	Weather it well		Walking for Fitness	89
Clothing - Fashion Show	zze end				
Collecting	organize a hobby fair	Organize a Hobby Fair		"Collecting" Hobbies	143
Collecting	organize your collection	Organize your Hobby		"Collecting" Hobbies	143
Collecting	collect different room decorations and do an activity	Art in Style		Art in the Home	131
Collecting	look for and collect pictures of art from other cultures	Folk Pottery		Ceramics and Clay	141
Collecting	collect your pennies for a month	Pennies Count		Consumer Power	35
Collecting	collect environmental appeals & budget 100 pennies toward different org.	Penny Power		Ready for Tomorrow	online
Collecting	sort and categorize your rock collection	What Type is it?		Rocks Rock	198
Collecting	start a rock collection	Be a Rock Hound		Rocks Rock	198
Collecting	zze end				
Commercial/Ads	create an advertising campaign for your business	Be Seen!	7	Business-Wise	11
Commercial/Ads	video tape a GS or family event, have a screening party	Screen Test		Camera Shots	139
Commercial/Ads	visit a video editing facility	Getting It in Shape		Camera Shots	139
Commercial/Ads	make a poster using advertising ideas you have seen	Brand Images		Communication	47
Commercial/Ads	look at 3 ads for adults and see how they get their attention	Your Parents Dollars		Consumer Power	35
Commercial/Ads	look at 3 ads for kids and see how they get your attention	Your Dollars		Consumer Power	35
Commercial/Ads	sell a made up product using your favorite entertainer	Tie-Ins		Consumer Power	35
Commercial/Ads	make a commercial that focuses on environmental health	Get the Word Out		Environmental Health	72
Commercial/Ads	count the number of food commercials during children's TV programs	Messages		Food Power	76
Commercial/Ads	create an ad for a healthy food	Create a food advertisement		Food Power	76
Commercial/Ads	make a commercial about a country you want to visit	Make a Travel Ad	4	GS in My Future	5
Commercial/Ads	create a poster using ads collected about drugs, alcohol, smoking	Media Overload		High on Life	65
Commercial/Ads	create a radio commercial about drugs	Get the message out		High on Life	65
Commercial/Ads	make a video about something unique in the community	Lights, Camera, Action		My Community	53
Commercial/Ads	write a public safety announcement	Safe at any age		Safety First!	67
Commercial/Ads	zze end				
Community	walk in your community, find example of architecture you like, draw it	Building Tour		Architecture	128
Community	look for 5 examples of 3 dimensional art	All Around the Town		Art in 3-D	133
Community	learn about recycling	Recycling Technology		Discovering Technology	149
Community	create a newspaper on environmental issues	Start the Presses		Eco-Action	97
Community	create an environmental newspaper, use issues in your community	Environmental Times		Environmental Health	73
Community	work on a smoke out day for your community	Smoke Free		Environmental Health	73
Community	observe the geography in your community	Take a look around you	9	Humans and Habitats	17
Community	brainstorm solutions to a community problem	More on Leadership	7	Lead On	19
Community	compare a map of neighborhood from 25 years ago to now	It's all on the maps		Local Lore	51
Community	find out about a story, landmark, legend or monument	Word of Mouth		Local Lore	51
Community	take a tour of your community	Tour your community		Local Lore	51
Community	help make some repairs in the community	Repairs within Your Community		Ms. Fix It	163
Community	plan a 20 minute biking tour	Show and Tell		My Community	53
Community	what type of government do you have can you improve it	How it Works		My Community	53
Community	where do you go to get help in your community	Questions and Answers		My Community	53
Community	find out about 3 outdoor activities in your community	What can You do		Outdoors in the City	114
Community	find an org. that plants trees or prevents them being cut. How can you help?	Global Tree Action		Ready for Tomorrow	online
Community	interview an elected official and learn what environmental action they took	Get Political		Ready for Tomorrow	online
Community	learn about a community environmental issue, attend public hearing, be informed	Local Issues		Ready for Tomorrow	online

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Community	write a letter or plan a visit to an organization involved in issues concerning women.	Women's Issues		Women's Stories	online
Community	imagine the family history of a person with an unusual name, and write it.	What's In A Name?		World in My Communi	online
Community	learn about an ethnic group not your own. Show what you learned (skit, clay, draw, speech, story, etc.)	Culture Sleuth		World in My Communi	online
Community	mark contributions of people from different ethnic groups on a local map	Map It Out		World in My Communi	online
Community	participate in a cultural event for another ethnic group, find its meaning & background	Celebrate		World in My Communi	online
Community	read Handbook. Survey to find how disabled get around. Include an interview.	Getting Around		World in My Communi	online
Community	how can you help the homeless	Without a home		World Neighbors	29
Community	learn about an ethnic group from your community	It's a small world		World Neighbors	29
Community	zze end				
Computer	find out five different ways computers are used	Computers on the Job	10	Careers	13
Computer	be a computer software reviewer	Review the Products		Computer Fun	183
Computer	create a newsletter on your computer	Desktop Publishing		Computer Fun	183
Computer	create and work environment and sign the online safety pledge	Get Set Up		Computer Fun	183
Computer	demonstrate computer games to a younger group	Fun and Games		Computer Fun	183
Computer	learn how to do basic computer operations	Just the Basics		Computer Fun	183
Computer	use computer software to do something useful	Get Practical		Computer Fun	183
Computer	use the computer to create something artistic	Computer Artist		Computer Fun	183
Computer	make a list of things with computer chips in them and have a group find it	All things Digital		Discovering Technolog	148
Computer	use a program to build or design something	Just for Practice		Discovering Technolog	148
Computer	use computer to build a model	Use Computers to Design		Making it Matter	191
Computer	create a design using graphic design software	Graphic Design		Prints and Graphics	165
Computer	design the page of a book using font, illustration and border	Book Design		Prints and Graphics	165
Computer	play a computer game where you must make decisions	Computer Game choices		The Choice is Yours	61
Computer	zze end				
Computer - Net	look up artists who do sculpture and try your hand in the 3-D art style	Past Masters		Art in 3-D	132
Computer - Net	visit Dr. M on GSUSA's gogirlsonly.org website and check out "growing up" questions	Looking Ahead		Becoming a Teen	31
Computer - Net	create a Web site, following safety precautions with your family.	Create Your Own Web Page		CyberGirl Scout	online
Computer - Net	explore GS Central pages of GSUSA's Web site - try not to search	Scavenger Hunt		CyberGirl Scout	online
Computer - Net	explore the internet for what is happening in GS and Girl Guiding around the world.	Cybersisters		CyberGirl Scout	online
Computer - Net	find 3 given websites, use a search engine to find more safe ones.	Open the Door to the Internet		CyberGirl Scout	online
Computer - Net	learn about a job working on the Web or interview someone with one.	Online Careers		CyberGirl Scout	online
Computer - Net	make travel arrangements online - carefully	Traveling with the Help of Cybers		CyberGirl Scout	online
Computer - Net	play online & bookmark favorite sites	Fun and Games Online		CyberGirl Scout	online
Computer - Net	send, forward, & reply to email, copy someone on an email.	Email Savvy		CyberGirl Scout	online
Computer - Net	talk about safety precautions & sign Internet Safety Pledge	Safety On the Web		CyberGirl Scout	online
Computer - Net	learn about a WAGGGS country	Sisters	8	Global Awareness	15
Computer - Net	find out about different countries on the net	WAGGGS on the Web	2	GS Around the World	3
Computer - Net	find out about Girl Scouting/Girl Guiding around the world	Girl Scout Central	5	GS Around the World	3
Computer - Net	learn about the four World Centers	WAGGGS Travel	10	GS Around the World	3
Computer - Net	find out about the Gold and Silver Awards	Check out the Silver and the	2	GS in My Future	4
Computer - Net	find out about Juliette Low	Daisy's Life	2	GS in the USA	7
Computer - Net	find out about different kinds of engineers and visit website	Engineering 101	7	Science in Action	online
Computer - Net	play a computer game where you must make decisions	Computer Game choices		The Choice is Yours	61
Computer - Net	zze end				
Craft	make an airplane out of balsa wood	Test Flight		Aerospace	181
Craft	make and fly a kite	Go Fly a Kite	3	Aerospace	181
Craft	create a structure out of twigs, sticks, coffee stirrers, etc	House of Sticks		Architecture	129
Craft	create a way to show architecture from around the World	Architecture Around the World		Architecture	129
Craft	create an abstract sculpture	Negatives are Positive		Art in 3-D	133
Craft	make a craft project out of wire	Wire It		Art in 3-D	133
Craft	make a mobile	It's Mobile		Art in 3-D	133
Craft	practice wood carving and make something	Carve It		Art in 3-D	133
Craft	create a room in a shoe box	Create a Dream Room		Art in the Home	131
Craft	make a dried gourd decoration	A Dried Gourd Decoration		Art in the Home	131

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Craft	make a holiday decoration	Holiday Décor		Art in the Home	131
Craft	make something that would make your home nicer	Accent on Beauty		Art in the Home	131
Craft	make a design to put on a piece of fabric or clothing	Pattern-Maker		Art to Wear	135
Craft	make a friendship anklet using sewing, knitting, crochet or embroidery	Fashion Friendship		Art to Wear	135
Craft	create book covers for 2 picture books	Picture This!		Books	137
Craft	create a special frame for a picture you have enlarged	Show Time		Camera Shots	139
Craft	create music or dialogue for a video you made	Show Time		Camera Shots	139
Craft	make a rainy day activities box for young children	Box of tricks		Caring for Children	43
Craft	decorate bisqueware	Grin and Glaze it		Ceramics and Clay	141
Craft	decorate squares of tiles	Time for Tiles		Ceramics and Clay	141
Craft	make a form of sculpture called bas-relief	Bas-relief		Ceramics and Clay	141
Craft	create something out of wood	Make Something From Wood		Do-It-Yourself Badge	online
Craft	reupholstering, recaning, or retaping the seat of a chair.	Have a Seat		Do-It-Yourself Badge	online
Craft	decorate grocery bags for Earth Day	Paper Rules		Eco-Action	97
Craft	make a piece of trash something useful	Trashy Art		Eco-Action	97
Craft	make, repair, paint, or refinish an object that will make your home nicer.	Freshen Your Space		Family Living	online
Craft	design a trading card for a female athlete in a field sport you admire	Be a Fan		Field Sports	75
Craft	make a 3 dimensional map	Make a Model		Finding Your Way	99
Craft	make snow paint	Snow Painting		Frosty Fun	101
Craft	make a passport or apply for one	Make your own Model Pass	5	GS in My Future	5
Craft	make a plaque or wall hanging about the GS Law	The Girl Scout Law in Action		It's Important to me	36
Craft	make a looking your best tips book, poster, video, etc.	Collect Tips		Looking Your Best	39
Craft	make a other kinds of polymer	Polymer Possibilities		Making it Matter	189
Craft	make a polymer - plastics are a type of material called polymer	Making a Polymer		Making it Matter	189
Craft	press flowers	Capture a piece of Nature		Outdoor Creativity	111
Craft	use nature to create a something from nature	Many ways to be creative		Outdoor Creativity	110
Craft	create your own topiary	Living Sculpture		Plants and Animals	117
Craft	create a silk screened design	Silk Screening		Prints and Graphics	165
Craft	create a stencil	Stencil Fun		Prints and Graphics	165
Craft	create stationary, card or wrapping paper using prints	Eye for Design		Prints and Graphics	165
Craft	make a mat and frame for one of your prints	Decorating with Prints		Prints and Graphics	165
Craft	make a rubbing	Rubbed the Right Way		Prints and Graphics	165
Craft	make your own stamp	Stamp Designs		Prints and Graphics	165
Craft	make your own fossil	Fossil Fun!		Rocks Rock	199
Craft	make a kaleidoscope	Light and Reflection		Science Discovery	201
Craft	design a transportation system or type of transportation in the year 2050.	I'll Jet Right Over	4	Science in Action	online
Craft	report on a bridge or build a bridge	Bridge Building	8	Science in Action	online
Craft	learn and create a simple time instrument	How much time?		Science in Everyday L	207
Craft	mix primary and secondary colors, make a picture	Color Mixing		Science in Everyday L	207
Craft	make a crystal	Crystal Quest		Science Sleuth	209
Craft	make a mask	Make a Mask		Theater	171
Craft	build a weather instrument	Build a Weather Instrument		Weather Watch	217
Craft	create a display of contemporary female role models and share it	Display It		Women's Stories	online
Craft	decorate a small object like a scarf, t-shirt, or pillowcase	Dye It		Yarn and Fabric Arts	179
Craft	learn how to crochet and make something	Crochet On		Yarn and Fabric Arts	179
Craft	learn how to embroidery	A stitch in Time		Yarn and Fabric Arts	179
Craft	learn how to knit and make something	Knit On		Yarn and Fabric Arts	179
Craft	learn how to weave	Weave On		Yarn and Fabric Arts	179
Craft	zze end				
Craft - paper	make your own gift wrap	Your Own Gift Wrap		"Making" Hobbies	159
Craft - paper	make 3 paper airplanes	Paper Airplanes		Aerospace	181
Craft - paper	make an origami paper crane, use it in a Girl Scout friendship ceremony	In the Fold		Art in 3-D	132
Craft - paper	make a tangram and create different geometric pictures	The Chinese Tangram		Creative Solutions	144
Craft - paper	make a mirror and complete the poem	Mirror Mirror		Highway to Health	83

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Craft - paper	create a postcard	Create a travel postcard	1	On My Way	25
Craft - paper	make a paper spiral spin	Paper Spirals and Frontal System		Weather Watch	219
Craft - paper	zze end				
Craft - book	create a scrapbook of adventure sports	Picture it		Adventure Sports	68
Craft - book	create a book to keep your architectural ideas in	Idea File		Architecture	129
Craft - book	create a brag book	Create a "brag bag"		Being my best	33
Craft - book	make a booklet for babysitting	Safety First		Caring for Children	43
Craft - book	create a 4 page first aid safety book for younger children	Share the Messages		First Aid	63
Craft - book	create a book about your ideal place to be	It's All Yours		Globe-Trotting	185
Craft - book	make an illustrated book about the history & development of the horse	Horses through history		Horse Fan	105
Craft - book	make a scrapbook about things that don't cost money	Money doesn't always matter	9	Money Sense	23
Craft - book	create a heritage scrapbook	Create a heritage scrapbook		My Heritage	55
Craft - book	keep a diary or scrapbook	Your personal heritage		My Heritage	55
Craft - book	create a scrapbook about your pet	Book it		Pet Care	57
Craft - book	zze end				
Craft - Clay	make something with clay	Mold It		Art in 3-D	132
Craft - Clay	decorate bisqueware	Grin and Glaze it		Ceramics and Clay	141
Craft - Clay	decorate squares of tiles	Time for Tiles		Ceramics and Clay	141
Craft - Clay	make a piece of pottery using the coil method	Coil Up!		Ceramics and Clay	141
Craft - Clay	practice clay building techniques	Make it with Clay		Ceramics and Clay	140
Craft - Clay	show you know how to handle clay	Handle with Care		Ceramics and Clay	141
Craft - Clay	zze end				
Craft - Clothing	create a clothing accessory for yourself	Fashion Add-Ons		Art to Wear	135
Craft - Clothing	create clothes for dolls	Doll Clothes		Art to Wear	135
Craft - Clothing	make or alter a piece of clothing you own	Show Your Flair		Art to Wear	135
Craft - Clothing	add to a store bought item	Fresh and Original		Folk Arts	155
Craft - Clothing	decorate your socks, stitch on lace or embroidery	Foot Fun		Sew Simple	168
Craft - Clothing	zze end				
Craft - Display	create a display about family life in the future.	Family 3001		Family Living	online
Craft - Display	create a display about girl scouts	Show the World	3	GS Around the World	3
Craft - Display	create a display about how animals become oil	Fossil Facts		Oil Up	196
Craft - Display	create a display of contemporary female role models and share it	Display It		Women's Stories	online
Craft - Display	create a display, poster, map, drawing, story, or skit	Creative Control		Women's Stories	online
Craft - Display	zze end				
Craft - Game	visit a nursing home and learn a song, craft, etc	Share the Fun		Across Generations	41
Craft - Game	create a game or story	Connect with younger girls	4	GS Around the World	3
Craft - Game	make a math puzzle game	Make a Math Puzzle		Math Whiz	161
Craft - Game	make a game your ancestors may have enjoyed	From Yesterday to Today		My Heritage	55
Craft - Game	make a travel safety quiz game	Travel Safe		On My Way	25
Craft - Game	make a game called Picaria and play it	Picaria		Puzzlers	167
Craft - Game	create a brainteaser game, toy or puzzle	Challenge the Imagination		Toymaker	173
Craft - Game	create an educational game	Design an educational game		Toymaker	173
Craft - Game	make a board game	Make a Board Game		Toymaker	173
Craft - Game	create a quiz, puzzle, word search, or card game on women in history.	A New Game		Women's Stories	online
Craft - Game	zze end				
Craft - Jewelry	learn about different jewelry making techniques	Jewelers Skills		Jeweler	157
Craft - Jewelry	make a box for your jewelry	Store Your Gems		Jeweler	157
Craft - Jewelry	make a piece of jewelry as a symbol of friendship	Get the Message?		Jeweler	157
Craft - Jewelry	make a piece of jewelry from everyday objects	Jewelry from everyday objects		Jeweler	157
Craft - Jewelry	make a piece of jewelry with 3 kinds of	Triple up		Jeweler	157
Craft - Jewelry	make a piece of jewelry with something from nature	Something Natural		Jeweler	157
Craft - Jewelry	zze end				
Craft - Kit	create an emergency kit for the car	Be Prepared		Car Care	59
Craft - Kit	build at least one model in a set & 2 other models you design	Model Home		Do-It-Yourself Badge	online

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Craft - Kit	make a snow-storm emergency kit	Snow Travel Savvy		Frosty Fun	101
Craft - Kit	create a personal stress kit	Create a personal stress kit		Stress Less	87
Craft - Kit	make a first aid kit	Be Prepared		Walking for Fitness	89
Craft - Kit	zze end				
Craft - Music	design an instrument	A New Sound		Making Music	193
Craft - Music	make your own instrument	Found Music		Music Fan	195
Craft - Music	make a simple musical instrument you can tune	What's Vibration got to do with it?		Science Sleuth	209
Craft - Music	zze end				
Craft - Nature	create a structure out of twigs, sticks, coffee stirrers, etc	House of Sticks		Architecture	129
Craft - Nature	practice wood carving and make something	Carve It		Art in 3-D	133
Craft - Nature	make a dried gourd decoration	A Dried Gourd Decoration		Art in the Home	131
Craft - Nature	make snow paint	Snow Painting		Frosty Fun	101
Craft - Nature	make a piece of jewelry with something from nature	Something Natural		Jeweler	157
Craft - Nature	press flowers	Capture a piece of Nature		Outdoor Creativity	111
Craft - Nature	use nature to create a something from nature	Many ways to be creative		Outdoor Creativity	110
Craft - Nature	make a print with a piece of nature	Nature's Prints		Prints and Graphics	165
Craft - Nature	make a rubbing	Rubbed the Right Way		Prints and Graphics	165
Craft - Nature	make your own fossil	Fossil Fun!		Rocks Rock	199
Craft - Nature	make a crystal	Crystal Quest		Science Sleuth	209
Craft - Nature	build a weather instrument	Build a Weather Instrument		Weather Watch	217
Craft - Nature	zze end				
Craft - Poster	create a poster of traditional dress of 3 countries	Fashions from Afar		Art to Wear	135
Craft - Poster	make a poster of clothing from different eras	Fashion Through the Ages		Art to Wear	135
Craft - Poster	create a poster to promote your local library	Your Library's Treasures		Books	137
Craft - Poster	create an advertising campaign for your business	Be Seen!	7	Business-Wise	11
Craft - Poster	make a human family collage	One Big Family		Celebrating People	45
Craft - Poster	make a poster using advertising ideas you have seen	Brand Images		Communication	47
Craft - Poster	put together a collage of different kinds of communication	Signals		Communication	47
Craft - Poster	create an ad for a healthy food	Create a food advertisement		Food Power	76
Craft - Poster	create a poster highlighting your communities unique features	Toot Your Own Horn		Globe-Trotting	184
Craft - Poster	create a poster using ads collected about drugs, alcohol, smoking	Media Overload		High on Life	65
Craft - Poster	make a poster about the importance of regularly visiting the doctor	Check out Healthy		Highway to Health	83
Craft - Poster	create a poster about your community	Extra, Extra, read all about it		Local Lore	51
Craft - Poster	make a poster about your community	My Favorite Things		My Community	53
Craft - Poster	create a display about how animals become oil	Fossil Facts		Oil Up	196
Craft - Poster	design a map showing where most oil deposits are in the World	Where in the World		Oil Up	196
Craft - Poster	with 25 pictures of animals create 4 groupings, explain	Creature Clusters		Plants and Animals	117
Craft - Poster	create a car safety poster	Campaign for Safety		Safety First!	67
Craft - Poster	make a science related poster	Can't Live Without It		Science Discovery	202
Craft - Poster	create a poster of ways that people pressure you	People Pressures		The Choice is Yours	61
Craft - Poster	make a poster for cookies	Cookie Creativity	8	The Cookie Connecto	9
Craft - Poster	make a poster for cookies	Be Bold	9	The Cookie Connecto	9
Craft - Poster	zze end				
Craft - Sewing	learn and do several different stitches by hand	Hands Down	1	Sew Simple	168
Craft - Sewing	learn how to use a decorative stitch on a sewing machine	Program It	4	Sew Simple	168
Craft - Sewing	learn some basic stitches on the sewing machine	A stitch in Time	2	Sew Simple	168
Craft - Sewing	make cancer caps for children going through chemotherapy	Hospital Helpers	8	Sew Simple	169
Craft - Sewing	sew a puppet	Sew a Puppet	10	Sew Simple	169
Craft - Sewing	using a sewing pattern diagram figure out your size on the pattern	A Perfect Fit	6	Sew Simple	169
Craft - Sewing	zze end				
Craft - Toy	make a toy your ancestors may have enjoyed	From Yesterday to Today		My Heritage	55
Craft - Toy	make a doll house	Make a Doll House	4	Toymaker	173
Craft - Toy	make a toy of your own design	It's Your Design	1	Toymaker	173
Craft - Toy	make a toy out of recycled materials	Trash It	10	Toymaker	173

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Craft - Toy	zze end				
Dance	explore dancing from other countries	Dance Around the World		Dance	147
Dance	hold a dance party	Dance Party	10	Dance	147
Dance	learn 3 basic tap dance steps	Step, Stamp, Stomp!	3	Dance	147
Dance	learn about dancing through the eras	Dance through the Decades	9	Dance	147
Dance	learn ballroom dancing steps	Belle of the Ball	8	Dance	147
Dance	learn square dancing or line dancing	Lines and Squares	6	Dance	147
Dance	observe different things and make up a dance	Watch Their Moves	1	Dance	147
Dance	use mood and movement to portray a story through dance	Moods and Moves	2	Dance	147
Dance	watch a dance performance	Dance Watcher	4	Dance	147
Dance	learn a folk dance	Folk Feet		Folk Arts	155
Dance	create a dance to a tape or CD that you've chosen	Dance Time		Music Fan	195
Dance	learn a dance your ancestors may have done	From Yesterday to Today		My Heritage	55
Dance	zze end				
Draw	design a garden	Nature's Design		Architecture	129
Draw	draw a room to scale	Down to scale		Architecture	128
Draw	draw a room to scale and furniture and rearrange the room	Measure Up		Art in the Home	131
Draw	draw a piece of jewelry	The old is new again		Art to Wear	135
Draw	draw or paint a picture using perspective	It's How You look at It		Drawing and Painting	153
Draw	draw two pictures using lines	What's Your Line?		Drawing and Painting	153
Draw	draw what you think a pond, tree, meadow, or forest will be like in the future	Traveling through Time		Earth Connections	95
Draw	draw a map of your route to school, shopping center or favorite spot	Map Maker		Finding Your Way	99
Draw	draw a map to scale of a particular place	Map of the Place		Finding Your Way	99
Draw	draw or paint a picture of yourself as an artist may have done in the past	Family Portrait		Folk Arts	154
Draw	draw a flag	Show your colors	3	Global Awareness	15
Draw	draw a map	The center of things	2	Global Awareness	15
Draw	hike and draw plants or animals you see	Be an Explorer		Hiker	103
Draw	create a symbol to represent your community	It's Symbolic	2	Humans and Habitats	16
Draw	find out where the foods you eat come from	Make a food map	6	Humans and Habitats	17
Draw	draw and design a playground to scale	Scale It		Math Whiz	161
Draw	make an optical illusion	Do You See It?		Puzzlers	166
Draw	draw a picture using perspective	Put it in Perspective		Visual Arts	175
Draw	draw around different object to make a picture	Still Life		Visual Arts	175
Draw	draw or paint a person, animal or object in motion	On the Move		Visual Arts	175
Draw	find different designs in nature and make a drawing of it	Design it		Visual Arts	175
Draw	make a design only using black and white	Black and White		Visual Arts	175
Draw	make a picture of something that is mostly one color	One Color, Many Shades		Visual Arts	175
Draw	using color create a picture that shows your feelings or emotions	Color Your Mood		Visual Arts	175
Draw	draw, or take pictures of a plant or animal you can observe	It's all about the Details		Wildlife	125
Draw	create a drawing about imaginary family history of a person with an unusual name.	What's In A Name?		World in My Communi	online
Draw	learn about an ethnic group not your own. Show what you learned (skit, clay, draw, speech, story, etc.)	Culture Sleuth		World in My Communi	online
Draw	with a friend describe an object and have her draw it	What do you see?		Your Outdoor Surroun	127
Draw	zze end				
Drugs	create 3 columns of goals and how drugs will effect it	It's Your life	2	High on Life	65
Drugs	create a poster using ads collected about drugs, alcohol, smoking	Media Overload	7	High on Life	65
Drugs	make a drug abuse prevention presentation	Spread the Word	8	High on Life	65
Drugs	share information you have gotten on drugs	Share the information	4	High on Life	65
Drugs	watch TV and see if they display drugs, smoking or alcohol	Get with the program	6	High on Life	65
Drugs	zze end				
Electrical	make an electrical connection	Making Connections		Making it Matter	189
Electrical	take apart and appliance and put it back together	Reverse Engineering		Making it Matter	191
Electrical	learn how to change the battery and light in a flashlight	Flash		Ms. Fix It	162
Electrical	show how to handle and fix electrical problems	It's Electric		Ms. Fix It	162
Electrical	show how to hook up a VCR, computer or music system or DVD player	Read the Directions: But How do		Science Sleuth	210

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Electrical	zze end				
Entertain	visit a nursing home and learn a song, craft, etc	Share the Fun		Across Generations	41
Entertain	perform a piece of music	On Stage		Making Music	193
Entertain	play a piece of music for a group of friends	Music with a Theme		Making Music	193
Entertain	perform, sing, play an instrument for an audience	Sharing Music		Music Fan	195
Entertain	plan song, games around your campfire	Sing Around the Campfire		Outdoor Fun	113
Entertain	learn and perform 3 card tricks	It's in the Cards		Puzzlers	167
Entertain	learn patriotic song. Perform	Sing Out		United We Stand	online
Entertain	zze end				
Events to hold	organize a hobby fair	Organize a Hobby Fair		"Collecting" Hobbies	143
Events to hold	pick a health issue, and participate in an event	Ways to Help		A Healthier You	81
Events to hold	put on a air show	Up, Up, and Away		Aerospace	181
Events to hold	organize a book swap	Read about it		Becoming a Teen	31
Events to hold	video tape a GS or family event, have a screening party	Screen Test		Camera Shots	139
Events to hold	booth sale	Event Manager		Cookie Biz	online
Events to hold	create a country and western theme dance event	Country and Western Dancing		Dance	147
Events to hold	hold a dance party	Dance Party		Dance	147
Events to hold	hold a family dance night	Dance through the Decades		Dance	147
Events to hold	have a secret sister party	Secret Sisters		It's Important to me	37
Events to hold	hold an event using leadership skills	Follow the Leader	6	Lead On	19
Events to hold	hold a party, give out your own awards for music like the music awards	Express Yourself		Music Fan	195
Events to hold	host a heritage night	Host a heritage night		My Heritage	55
Events to hold	plan a creative outdoor event	Celebrate Nature		Outdoor Creativity	111
Events to hold	plan and carry out 2 outings with your troop	Get Going		Outdoor Fun	113
Events to hold	organize a safety clinic for younger kids	Safety on Wheels		Outdoors in the City	114
Events to hold	help run a weather safety booth	Help Other Be Weather Prepared		Weather Watch	219
Events to hold	hold event with activity/game showing the different types of people in your community	Let's get Together		World in My Communi	online
Events to hold	plan an Outdoor Fun and Games Day	Outdoor Fun and Games		Your Outdoor Surround	127
Events to hold	zze end				
Family	ask your family if they collect, what and why	Generation to Generation		"Collecting" Hobbies	143
Family	interview family members about their teen years	Teen in the family		Becoming a Teen	31
Family	how much electricity does your family use	What's Watt		Eco-Action	97
Family	ask people to define a family, record & chart the results.	What's a family?		Family Living	online
Family	ask several parents how their lives changed when they had children.	A Very Important Job		Family Living	online
Family	compare families shown on television and in movies to families you know.	Sitcom Families		Family Living	online
Family	discuss with your family a typical household purchase, research & compare prices	Price-Wise		Family Living	online
Family	make up a skit, story or display about family life in the future.	Family 3001		Family Living	online
Family	read "Family and Friends" chapter of Handbook & try "Family Fun Jar" activity.	Family Fun Jar		Family Living	online
Family	what household tasks need to be done? Read Handbook & hold family meeting	Fair Chores		Family Living	online
Family	talk to family about what kind of toys they had	What Toys Tells Us		Folk Arts	155
Family	find out what encouraging words family got growing up	The power of praise		Healthy Relationships	49
Family	be responsible for tasks at home	Leading Qualities	5	Lead On	19
Family	organize your families important papers	Paperwork	10	Model Citizen	21
Family	learn about household expenses	Reality Check	8	Money Sense	23
Family	celebrate your heritage	Celebrate your Heritage		My Heritage	55
Family	plan a family storytelling night. Think of a way to preserve your family stories.	Stories in the Family		Now and Then Stories	online
Family	ask family members how they make decisions	Learning from others		The Choice is Yours	61
Family	find out what countries the people in your community or their ancestors came from.	Roots		United We Stand	online
Family	make a weather emergency plan with your family	Weather Smarts		Weather Watch	218
Family	make a chart of all the women in your family & record info on them	In Your Own Family		Women's Stories	online
Family	zze end				
Field Trip	add to your collection	Go on a Treasure Hunt		"Collecting" Hobbies	143
Field Trip	find out more about people involved in the crafts business	Crafty Cash		"Making" Hobbies	159
Field Trip	visit a nursing home and learn about a women there	Make a Friend		Across Generations	41

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Field Trip	attend radio controlled airplane event	Models Away		Aerospace	181
Field Trip	visit an airport, planetarium, space center, aerospace museum, etc.	Think Sky High		Aerospace	181
Field Trip	visit a flower shop, then make your own flower arrangement	Say it with Flowers		Art in the Home	131
Field Trip	visit a store and make a list of home furnishings you like	Budget for the Future		Art in the Home	131
Field Trip	visit a bank & find out how to open a savings/checking account for business	Cash Flow	10	Business-Wise	11
Field Trip	visit a video editing facility	Getting It in Shape		Camera Shots	139
Field Trip	visit someone who has a job that involves cars	Driving it		Car Care	59
Field Trip	visit a professional potter's studio	Fuel and Fire		Ceramics and Clay	141
Field Trip	visit specialty stores and look at examples of pottery and ceramics	Dream Decorator		Ceramics and Clay	141
Field Trip	visit a computer store	What's Available		Computer Fun	183
Field Trip	visit a recycling center or landfill	Recycling Technology		Discovering Technology	149
Field Trip	visit a lumber yard to learn about building material, paints, energy saving materials	What's in my house?		Do-It-Yourself Badge	online
Field Trip	watch a building or repair project, watch several days, keep a record	Wear a Hard Hat		Do-It-Yourself Badge	online
Field Trip	visit a natural park near you and examine the soil, warmth and insects	Be an Ecologist: Your Study Area		Earth Connections	95
Field Trip	visit a place where you would antiques, historical crafts, etc	Time Travel		Folk Arts	155
Field Trip	enter something you have grown, raised, or made from animal/plant in a county fair	Visit A Fair		Food, Fibers and Farm	online
Field Trip	go to a county fair or ag. exhibit. Learn at least two new things about foods, fibers, or farming.	Visit A Fair		Food, Fibers and Farm	online
Field Trip	spend several days living and working on a farm or ranch	Down on The Farm		Food, Fibers and Farm	online
Field Trip	visit a food- or fiber-processing plant. Learn about the steps involved	From Field to Table		Food, Fibers and Farm	online
Field Trip	attend & learn about an event partially run by older Girl Scouts	Attend a Wider Opportunity	9	GS in My Future	5
Field Trip	visit a police station, get breathalyzer demonstration	The big test		High on Life	65
Field Trip	visit a dentist and find out how to brush your teeth properly	Take care of your teeth		Highway to Health	83
Field Trip	plan and go on 2 all-day hiking trips or overnight backpacking trips	Happy Trails to You		Hiker	103
Field Trip	visit a stable	Caring for Horses		Horse Fan	105
Field Trip	visit a museum or gallery exhibit of jewelry	Take a Tour		Jeweler	157
Field Trip	take a tour of your community	Tour your community		Local Lore	51
Field Trip	visit a museum, historical society, library or town hall	Take a trip		Local Lore	51
Field Trip	visit a factory, sewage plant, or recycling center	Engineering in Action		Making it Matter	190
Field Trip	visit a branch of government	In Person	6	Model Citizen	20
Field Trip	do something that costs no money	Money doesn't always matter	9	Money Sense	23
Field Trip	visit a community service agency	Take a trip		My Community	53
Field Trip	attend professional storytelling or watch a video. Learn how voice and gestures are used.	Telling Stories For A Living		Now and Then Stories	online
Field Trip	visit a gas station	Come Clean		Oil Up	197
Field Trip	pack a suitcase for a trip	Pack Up!		On My Way	25
Field Trip	plan a trip	Travel Bug		On My Way	25
Field Trip	visit a travel agent or tour guide	Life Travel		On My Way	25
Field Trip	take a tour of a community, botanical garden	A Garden Tour		Outdoor Creativity	111
Field Trip	learn about a community environmental issue, attend public hearing, be informed	Local Issues		Ready for Tomorrow	online
Field Trip	take a hazard identification hike	Look Out!		Safety First!	67
Field Trip	attend a science museum, science fair, museum sleep in, etc	It's a Hands-On and Happening		Science Discovery	203
Field Trip	how do firefighters, police officers, or EMTs use science & tech. in their jobs?	Emergency Science	1	Science in Action	online
Field Trip	visit a factory or assembly plant, see how science and technology are used there.	Science in Manufacturing	5	Science in Action	online
Field Trip	visit a farm or agricultural business to learn how it uses science in growing crops.	Science in Agriculture	6	Science in Action	online
Field Trip	visit a fabric store and learn about different kinds of fabrics	Find the Fabrics		Sew Simple	169
Field Trip	attend a play	See It Live		Theater	171
Field Trip	visit a place to learn how to put on makeup for a play	The changing Faces in Theater		Theater	171
Field Trip	take a trip to a Girl Scout site	Girl Scout travel spots		Traveler	27
Field Trip	visit a historical site, museum, memorial, or park in your community	Check it Out		United We Stand	online
Field Trip	visit one or more places where you can see many types of visual art	Tour It		Visual Arts	175
Field Trip	visit a shoe store and compare walking shoes	Best Foot Forward		Walking for Fitness	89
Field Trip	visit a water environment and see how many things you can discover	Look Closely		Water Fun	123
Field Trip	visit and watch a water sport, learn the rules of the game	Let the games begin		Water Fun	123
Field Trip	visit a sewage treatment plant, power plant, etc	Water Work		Water Wonders	215
Field Trip	visit an aquarium, zoo, someplace with water and learn about 3 animals	Life Underwater		Water Wonders	215

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Field Trip	visit a weather station or interview a meteorologist	Visit a Weather Station		Weather Watch	216
Field Trip	plan a sledding outing with a group	Don't Forget you Sled!		Winter Sports	91
Field Trip	write a letter or plan a visit to an organization involved in issues concerning women.	Women's Issues		Women's Stories	online
Field Trip	participate in a cultural event for an ethnic group not your own, find meaning & background	Celebrate		World in My Communi	online
Field Trip	visit a restaurant/home with food different from what your family cooks. Learn about it.	Let's Dine Out		World in My Communi	online
Field Trip	visit a museum to see example of fabric arts	Famous Fabric Masterpieces		Yarn and Fabric Arts	179
Field Trip	zze end				
Field Trip - Horses	attend a horsemanship event	Showing off		Horse Fan	105
Field Trip - Horses	visit a stable	Caring for Horses		Horse Fan	105
Field Trip - Horses	take a trip to a state or county fair to see a horse show	See for Yourself		Horse Rider	107
Field Trip - Horses	visit a harness or tack shop become acquainted with saddles, bridles, bits	Equipment Expert		Horse Rider	107
Field Trip - Horses	zze end				
Field Trip - Shopping	visit a store and make a list of home furnishings you like	Budget for the Future		Art in the Home	131
Field Trip - Shopping	visit specialty stores and look at examples of pottery and ceramics	Dream Decorator		Ceramics and Clay	141
Field Trip - Shopping	set a dollar amount and shop with in that amount	Stretch that dollar		Consumer Power	35
Field Trip - Shopping	go comparison shopping at the mall	Shop Smart	7	Money Sense	23
Field Trip - Shopping	visit a shoe store and compare walking shoes	Best Foot Forward		Walking for Fitness	89
Field Trip - Shopping	zze end				
Field Trip - Walk	walk in your community, find example of architecture you like, draw it	Building Tour		Architecture	128
Field Trip - Walk	do something that costs no money	Money doesn't always matte	9	Money Sense	23
Field Trip - Walk	plan a guided walk with a group through your community	Group Walk		Outdoors in the City	114
Field Trip - Walk	go to 2 places within walking distance of your meeting	Keep track		Walking for Fitness	89
Field Trip - Walk	on a walk use a map to arrive at a new destination	Find the Way		Walking for Fitness	89
Field Trip - Walk	zze end				
Field Trip - Zoo	Visit a zoo or game preserve. Why does it exists? Does it research or preserve species?	Saving Animals and Plants	6	Earth Connections	95
Field Trip - Zoo	Go on a "world wildlife safari", find names that match these characteristics	Go on A Safari	10	Plants and Animals	117
Field Trip - Zoo	visit a farm or agricultural business to learn how it uses science in growing crops.	Science in Agriculture	6	Science in Action	online
Field Trip - Zoo	visit an aquarium, zoo, someplace with water and learn about 3 animals	Life Underwater		Water Wonders	215
Field Trip - Zoo	zze end				
First Aid	learn about hypothermia and hyperthermia	Survivor		First Aid	63
First Aid	learn and practice first aid for cuts, sprains, fractures	Ouch!		First Aid	63
First Aid	learn first aid for stopped breathing, choking, shock	Until Help Arrives		First Aid	63
First Aid	learn how to treat a nosebleed and fainting	Oooh		First Aid	63
First Aid	play a game about first aid situations	First aid Challenge		First Aid	63
First Aid	learn about hypothermia and frostbite, teach younger girls	Serious Fun		Frosty Fun	101
First Aid	know first aid for blisters, sunburn, & insect bites etc.	Know Your First Aid		Hiker	103
First Aid	put together a first aid kit for a day hike	Know Your First Aid		Hiker	103
First Aid	plan, assemble a first aid kit for your outdoor activity	A First Aid Kit		Outdoor Fun	113
First Aid	how do firefighters, police officers, or EMTs use science & tech. in their jobs?	Emergency Science		Science in Action	online
First Aid	learn how to treat a nosebleed, skinned knee, blisters, sprains	Safety First		Sports Sampler	85
First Aid	show you can help another swimmer, read first aid section in Handbook	Helpful Swimmer		Swimming	121
First Aid	learn first aid for sunburn, insect bites, heat exhaustion & stroke, blisters	Be Prepared		Walking for Fitness	89
First Aid	make a first aid kit	Be Prepared		Walking for Fitness	89
First Aid	learn first aid for windburn, hypothermia, and frostbite	First Aid for Cold		Winter Sports	91
First Aid	zze end				
Food	eat calcium rich foods for one week	Healthy Bones		A Healthier You	80
Food	invite a senior citizen to do a cooking project	Food through the years		Across Generations	41
Food	plan a days worth a meals for camp, use solar oven or camp stove	Fueling and Cleaning Up		Camp Together	93
Food	prepare and serve a healthy snack to Daisy or Brownie troop	Hungry? Eat Right		Caring for Children	43
Food	come up with recipes for desserts with GS Cookies. Create an infomercial	Entrepreneur		Cookie Biz	online
Food	try to drink six to eight cups of water a day	Drink Plenty of Liquids		Field Sports	75
Food	count the number of food commercials during children's TV programs	Messages		Food Power	76
Food	create a chart to track three items found on 3 food labels	Understand Food Labels		Food Power	76
Food	create a game to promote a fun way to eat healthier foods	It's all about choice		Food Power	77

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Food	go on a scavenger hunt for the highest percentages of nutrients	Scavenger Hunt		Food Power	77
Food	record everything you eat for one week	Track it		Food Power	76
Food	learn about agriculture or fishing, food products raised nearby, Share what you learned.	What's Swimming or Growing Ne		Food, Fibers and Farn	online
Food	plant & care for a garden with at least 1 food item you then eat	Plant It, Eat it		Food, Fibers and Farn	online
Food	sprout mung beans, alfalfa, or other seeds and taste	Grow Sprouts		Food, Fibers and Farn	online
Food	try food processing. (e.g. Make butter, cheese, yogurt, raisins, applesauce)	Take A Churn		Food, Fibers and Farn	online
Food	look through Handbook for healthy snacks to make	Eating on the run		Highway to Health	83
Food	bake bread from another country	Break Bread	7	Humans and Habitats	17
Food	find out how food is cooked in a different culture	The World close to home	8	Humans and Habitats	17
Food	find out where the foods you eat come from	Make a food map	6	Humans and Habitats	17
Food	cook with an appliance that helps make cooking faster	New Wave Chef		Let's Get Cooking	187
Food	create a recipe with eggs	The Perfect Egg		Let's Get Cooking	187
Food	create your own healthy fast food restaurant	Have it Your Way		Let's Get Cooking	187
Food	eat your way around the World	Food Around the World		Let's Get Cooking	187
Food	hold a blender party and made different kinds of drinks	Mix it Up		Let's Get Cooking	187
Food	how long can food last	When in doubt, Throw it Out		Let's Get Cooking	186
Food	make the snack from the Handbook	Tasty Treats: Fruit Surprise		Let's Get Cooking	187
Food	take a recipe you find and make it healthier	The Big Change		Let's Get Cooking	187
Food	make a healthy snack	Create Healthy Snacks		Looking Your Best	39
Food	make a food your ancestors may have enjoyed	From Yesterday to Today		My Heritage	55
Food	prepare a food from a different country	International cooking		On My Way	25
Food	experiment with making and packaging your own dry mixes	Mix it Up		Outdoor Cook	109
Food	find and prepare a recipe that use beans, rice or potatoes	Bean There, Done That		Outdoor Cook	109
Food	plan, prepare and serve an outdoor meal	Bon Appetit!		Outdoor Cook	109
Food	show you can prepare a food with no cooking or refrigeration	No Cooking Tonight		Outdoor Cook	109
Food	sun dry fruit, vegetables or seasonings for a cookout	All Dried Up		Outdoor Cook	109
Food	cook with the sun to make sun tea or sun jam	Cook with the Sun		Outdoors in the City	115
Food	what is a good diet for your pet	Healthy Diet		Pet Care	57
Food	prepare a fruit or vegetable grown in another country	Veggie Voyagers		Plants and Animals	117
Food	use the sun's energy for cooking! Construct a solar oven (see Handbook)	Cooking With The Sun		Ready for Tomorrow	online
Food	bake cookies from another country	Cookies Across Cultures	10	The Cookie Connectio	9
Food	plan and pack a well balanced snack for a long walk	Fast Food		Walking for Fitness	89
Food	do a water taste test	Water Comparisons		Water Wonders	215
Food	visit a restaurant/home with food different from what your family cooks. Learn about it.	Let's Dine Out		World in My Communi	online
Food	zze end				
Friends	create guidelines to start a business with a friend	Friends and Money	5	Business-Wise	11
Friends	discuss a story and come up with 3 or 4 other solutions	Alternative Solutions		Creative Solutions	145
Friends	start and eco-action club	Green Team		Eco-Action	97
Friends	make a list of 6 fun things you can do with your friends	Fun and Games		Healthy Relationships	49
Friends	start a friendship club	Friendship Club		Healthy Relationships	49
Friends	make a piece of jewelry as a symbol of friendship	Get the Message?		Jeweler	157
Friends	create your own healthy fast food restaurant	Have it Your Way		Let's Get Cooking	187
Friends	give compliments to each other in the troop	Circle of Friends		Looking Your Best	39
Friends	ask new students from far away about their old community. Tell them about yours.	Welcome Wagon		World in My Communi	online
Friends	zze end				
Game - Cards	learn and perform 3 card tricks	It's in the Cards		Puzzlers	167
Game - Cards	create a quiz, puzzle, word search, or card game on women in history.	A New Game		Women's Stories	online
Game - Cards	zze end				
Games	play game about sun safety	Relay for Sun Safety		A Healthier You	81
Games	visit a nursing home and learn a song, craft, etc	Share the Fun		Across Generations	41
Games	use ordinary items and come up different ways to use them	Ordinary Items, Extraordinary Us		Creative Solutions	145
Games	make a list of things with computer chips in them and have a group find it	All things Digital		Discovering Technolog	148
Games	play a game that shows how plants and animals depend on each other	Eco-Games		Earth Connections	95
Games	play "block the spread of lead" relay	"Block the Spread of Lead" relay		Environmental Health	73

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Games	play a game about first aid situations	First aid Challenge		First Aid	63
Games	create a game to promote a fun way to eat healthier foods	It's all about choice		Food Power	77
Games	read about international games in Handbook, teach to a younger girl	Know no Obstacles		Fun and Fit	79
Games	who can do the most activities in 3 weeks	Chart the Race		Fun and Fit	79
Games	create a game or story	Connect with younger girls	4	GS Around the World	3
Games	play the Friendship Game	Play the Friendship Game		Healthy Relationships	49
Games	show a feeling with nonverbal communication	Mum's the Word		Healthy Relationships	49
Games	play a game on healthy habits and unhealthy habits	Healthy Steps		Highway to Health	82
Games	guess who the courageous woman is	Women of Courage		It's Important to me	37
Games	make a math puzzle game	Make a Math Puzzle		Math Whiz	161
Games	play a game where you must make the rules	Create a Government	5	Model Citizen	20
Games	make a game your ancestors may have enjoyed	From Yesterday to Today		My Heritage	55
Games	make a travel safety quiz game	Travel Safe		On My Way	25
Games	learn to play an outdoor game that has been played for generations	Do You Double Dutch?		Outdoors in the City	114
Games	find as many things as you can that were made from plants	Plants Here, There, and Everywh		Plants and Animals	116
Games	make a game called Picaria and play it	Picaria		Puzzlers	167
Games	play a game of Nim	The Game of Nim		Puzzlers	167
Games	list products in your home made outside USA, find on map, share with troop	Global Product Hunt		Ready for Tomorrow	
Games	make up a game that imitates animals that live in water	Water Moves		Swimming	121
Games	play a computer game where you must make decisions	Computer Game choices		The Choice is Yours	61
Games	play charades	Character Charades		Theater	171
Games	create a brainteaser game, toy or puzzle	Challenge the Imagination		Toymaker	173
Games	create an educational game	Design an educational game		Toymaker	173
Games	make a board game	Make a Board Game		Toymaker	173
Games	make a game about weather	Weather Games		Weather Watch	219
Games	create a quiz, puzzle, word search, or card game on women in history.	A New Game		Women's Stories	online
Games	hold event with activity/game showing the different types of people in your community	Let's get Together		World in My Communi	online
Games	play a new game from another country	Global Games		World Neighbors	29
Games	plan an Outdoor Fun and Games Day	Outdoor Fun and Games		Your Outdoor Surroun	127
Games	zze end				
Games - Water	make up a game that imitates animals that live in water	Water Moves		Swimming	121
Games - Water	play a game showing you know how to use the buddy system	Water Games		Water Fun	122
Games - Water	zze end				
Girl Scouts	using the promise and law create a code of conduct	Conduct Yourself?		Celebrating People	45
Girl Scouts	explore the internet for what is happening in GS and Girl Guiding around the world.	Cybersisters		CyberGirl Scout	online
Girl Scouts	make a mural	On the Wall		Drawing and Painting	153
Girl Scouts	work on a project that requires many hands- taffy pull, troop quilt, kite flying festival	A Feast of Folk Crafts	8	Folk Arts	155
Girl Scouts	find out about the Juliette Low World friendship fund	Girl Scouting's founder: Jul	6	GS Around the World	3
Girl Scouts	learn about Lord and Lady Baden-Powell	Common Roots	9	GS Around the World	3
Girl Scouts	learn about the Gold/Silver award from an older scout	Silver and Gold Go Global	7	GS in My Future	5
Girl Scouts	do 2 activities from 2 books other than the junior books	Check out other Girl Scout	6	GS in the USA	7
Girl Scouts	find out about girl scouts for adults	Careers in Girl Scouting	8	GS in the USA	7
Girl Scouts	learn about the history of girl scouting	Girl Scout History	9	GS in the USA	7
Girl Scouts	learn about your council	Girl Scouting Close to home	5	GS in the USA	7
Girl Scouts	learn more about GS membership pin and World Trefoil Pin	More about Junior Girl Scou	7	GS in the USA	7
Girl Scouts	learn the promise and laws	On my honor...	1	GS in the USA	7
Girl Scouts	learn the unique traditions of Girl Scouting	Signs, Mottos, and Handsha	4	GS in the USA	7
Girl Scouts	think of some ways to live by the girl scout motto	Helping others	10	GS in the USA	7
Girl Scouts	plan and go on 2 all-day hiking trips or overnight backpacking trips	Happy Trails to You		Hiker	103
Girl Scouts	have a secret sister party	Secret Sisters		It's Important to me	37
Girl Scouts	make a plaque or wall hanging about the GS Law	The Girl Scout Law in Action		It's Important to me	36
Girl Scouts	plan a Girl Scouts Own	A Girl Scout's Own		Outdoor Creativity	111
Girl Scouts	zze end - so you can sort by badge and get back to a category list				
Girl Scouts - Holiday	celebrate Thinking Day	Thinking Day	1	GS Around the World	3

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Girl Scouts - Holiday	zze end				
Goals	set a long term goal	Set a Goal - and Reach it!		Being my best	32
Goals	discuss decisions you may need to make in the next 10 years	Looking Ahead		Choice is Yours	61
Goals	break troop goals into weekly steps	Project Manager		Cookie Biz	online
Goals	create a budget and set financial goals for the year	Budget Breakdown		Cookie Biz	online
Goals	write and improve a leadership quality	Set a Goal	10	Lead On	19
Goals	collect environmental appeals & budget 100 pennies toward different org.	Penny Power		Ready for Tomorrow	online
Goals	write a personal credo about the environment. make a list of actions to support it	A Credo		Ready for Tomorrow	online
Goals	make a goal for cookie selling	Make Cookie Sales count	4	The Cookie Connectio	9
Goals	zze end				
Handbook	find out about a potential hobby out of the Handbook	Find a New One		"Doing" Hobbies	151
Handbook	read "Be Healthy, Be Fit" chapter	Feeling Fit to Be your best		Being my best	33
Handbook	read time management in Handbook do 1 activity	Time's a Wasting	6	Careers	13
Handbook	read Explore and Discover in Handbook, read the online safety pledge	Get Set Up		Computer Fun	183
Handbook	do the "test yourself" activity in the Handbook	Find the Inventions		Discovering Technolog	148
Handbook	read the sports section of the Handbook and look for technology in sports	Outdoors Technology		Discovering Technolog	148
Handbook	read "Family and Friends" chapter of Handbook & try "Family Fun Jar" activity.	Family Fun Jar		Family Living	online
Handbook	what household tasks need to be done? Read Handbook & hold family meeting	Fair Chores		Family Living	online
Handbook	read "How to stay safe" and do activities	Learn first aid		First Aid	63
Handbook	read about emergency phone calls	Get Help		First Aid	63
Handbook	read about international games in Handbook, teach to a younger girl	Know no Obstacles		Fun and Fit	79
Handbook	read the decision making story in Handbook	Story Mazes		Healthy Relationships	49
Handbook	take the friendship quiz in your Handbook	Recipe for Friendship		Healthy Relationships	49
Handbook	look through Handbook for healthy snacks to make	Eating on the run		Highway to Health	83
Handbook	read the section about stress management	Stress Relief		Highway to Health	83
Handbook	do one activity in the section "Its great to be a girl"	Discover your values		It's Important to me	36
Handbook	read Explore and Discover in Handbook, about PH	Base-ic Facts		Making it Matter	191
Handbook	complete the travel action plan	Plan for a day	6	On My Way	25
Handbook	slurping Plant activity in Handbook	Slurping Plant		Science in Action	online
Handbook	read time management in Handbook	One at a time		Stress Less	87
Handbook	read Handbook. Survey to find how disabled get around. Include an interview.	Getting Around		World in My Communi	online
Handbook	read "Let's Go Outdoors"	What Does minimal impact mean		Your Outdoor Surroun	127
Handbook	zze end				
Handywoman	with an adult learn how to put something together and take it apart	The Inner Workings		Discovering Technolog	149
Handywoman	create something out of wood	Make Something From Wood		Do-It-Yourself Badge	online
Handywoman	reupholstering, recaning, or retaping the seat of a chair.	Have a Seat		Do-It-Yourself Badge	online
Handywoman	visit a lumber yard to learn about building material, paints, energy saving materials	What's in my house?		Do-It-Yourself Badge	online
Handywoman	watch a building or repair project, watch several days, keep a record	Wear a Hard Hat		Do-It-Yourself Badge	online
Handywoman	make, repair, paint, or refinish an object that will make your home nicer.	Freshen Your Space		Family Living	online
Handywoman	help an adult fix something around the house	Out and Around the Home		Ms. Fix It	163
Handywoman	learn how to change the battery and light in a flashlight	Flash		Ms. Fix It	162
Handywoman	learn how to fix the toilet and the names of the parts	A Simple Fix-it		Ms. Fix It	162
Handywoman	show how to fix a leaky faucet	Fix a Faucet		Ms. Fix It	162
Handywoman	show how to handle and fix electrical problems	It's Electric		Ms. Fix It	162
Handywoman	show you know how to hang an item on the wall	Hang it Up		Ms. Fix It	163
Handywoman	zze end				
Health	find out about eating disorders	Talk to Me		A Healthier You	80
Health	list what you can do to prevent diseases	Preventable or Inevitable		A Healthier You	81
Health	play "block the spread of lead" relay	"Block the Spread of Lead" relay		Environmental Health	73
Health	create a game to promote a fun way to eat healthier foods	It's all about choice		Food Power	77
Health	come up with 7 ways you make fit choices throughout the day	A Little each Day		Fun and Fit	79
Health	learn about germs and learn how to keep your hands clean	Germ Busters		Highway to Health	83
Health	learn about how to deal with stress	Don't explode		Highway to Health	83
Health	play a game on healthy habits and unhealthy habits	Healthy Steps		Highway to Health	82

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Health	learn to take your pulse	Catch the Beat		Science in Everyday L	205
Health	find out about a disease that is believed to be linked to genes	It's in the Genes		Science Sleuth	211
Health	practice elevator breathing	Practice Elevator Breathing		Stress Less	87
Health	write a "healthy habits" skit	Getting the message out		A Healthier You	81
Health	create a chart to track three items found on 3 food labels	Understand Food Labels		Food Power	76
Health	go on a scavenger hunt for the highest percentages of nutrients	Scavenger Hunt		Food Power	77
Health	take a recipe you find and make it healthier	The Big Change		Let's Get Cooking	187
Health	zze end				
Health - Personal	create a way to track your progress to a healthier you	Keeping Track		A Healthier You	81
Health - Personal	eat calcium rich foods for one week	Healthy Bones		A Healthier You	80
Health - Personal	create a personal care schedule	Here's looking at you		Becoming a Teen	31
Health - Personal	try to drink six to eight cups of water a day	Drink Plenty of Liquids		Field Sports	75
Health - Personal	create your own health pyramid	Keeping it Balanced		Food Power	76
Health - Personal	record everything you eat for one week	Track it		Food Power	76
Health - Personal	do you have flat feet or high arches	Fancy Footwork		Fun and Fit	79
Health - Personal	find out if you are wearing the right size shoe	If the shoe fits, wear it		Fun and Fit	79
Health - Personal	find out how to brush your teeth properly	Take care of your teeth		Highway to Health	83
Health - Personal	write a letter to yourself from your body	Sincerely, Your Body		Highway to Health	82
Health - Personal	create a personal hygiene routine	A Personal Hygiene Routine		Looking Your Best	39
Health - Personal	zze end				
History	find out about women in history who solved a problem in her society	Historical Insight		Creative Solutions	145
History	find how technology has changed the way things are done	Then and Now		Discovering Technolog	149
History	compare families shown on television and in movies to families you know.	Sitcom Families		Family Living	online
History	learn about music from a different era	Music: Insight to History		Music Fan	195
History	find a legend that explains a natural phenomenon, such as a type of weather, a constellation, or a geog	How Nature Works		Now and Then Stories	online
History	record what an elder says about her past. Share your efforts with others.	Keeper of The Past		Now and Then Stories	online
History	find out about a sports history	"Herstory" of Sport		Sports Sampler	85
History	learn about toys from the past, make one	Toys Through History		Toymaker	173
History	find out what countries the people in your community or their ancestors came from.	Roots		United We Stand	online
History	what did kids your age do centuries ago? Pick the 1600s, 1700s or 1800s) & find out.	Days Gone By		United We Stand	online
History	create a display, poster, map, drawing, story, or skit	Creative Control		Women's Stories	online
History	create a quiz, puzzle, word search, or card game on women in history.	A New Game		Women's Stories	online
History	create a skit, puppet show, musical play, dance, or shadow box/diorama	Moments in History		Women's Stories	online
History	interview a grandmother or an older female relative/friend and ask about changes	Oral History		Women's Stories	online
History	find the origins of an unusual family name.	What's In A Name?		World in My Communi	online
History	mark contributions of people from different ethnic groups on a local map	Map It Out		World in My Communi	online
History	find out where people came from in your community	The world next door		World Neighbors	29
History	find out about fabric art done in the past	Fabrics of the past		Yarn and Fabric Arts	179
History	zze end				
Hobbies	be an expert about your hobby	Be the Expert about Your Hobby		"Collecting" Hobbies	143
Hobbies	find out about clubs, organizations, web sites, etc sharing your hobby	Meet other Collectors		"Collecting" Hobbies	143
Hobbies	organize a hobby fair	Organize a Hobby Fair		"Collecting" Hobbies	143
Hobbies	organize your collection	Organize your Hobby		"Collecting" Hobbies	143
Hobbies	share your collection	Share your collection with others		"Collecting" Hobbies	143
Hobbies	discuss your hobby with your family	The Right Fit		"Doing" Hobbies	151
Hobbies	find out about clubs, organizations, web sites, etc sharing your hobby	Hobby Together		"Doing" Hobbies	151
Hobbies	learn about careers related to your hobby	Your Hobby: A Possible Career		"Doing" Hobbies	151
Hobbies	learn something about the history of your hobby	Hobbies in the Past		"Doing" Hobbies	151
Hobbies	participate in your hobby with others who share your hobby	Do Your Hobby with others		"Doing" Hobbies	151
Hobbies	practice your hobby and teach to a friend or relative	Learning a "Doing" Hobby		"Doing" Hobbies	151
Hobbies	use your hobby to make something for someone	Handmade especially for you		"Doing" Hobbies	151
Hobbies	discuss your hobby with your family	Choose Your Craft		"Making" Hobbies	159
Hobbies	make a craft safety checklist	Safe Crafts		"Making" Hobbies	159
Hobbies	make a craft with a nature theme	Make a Craft with a Nature Them		"Making" Hobbies	159

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Hobbies	make something from something you normally throw away	Make a Recycled Craft		"Making" Hobbies	159
Hobbies	make your own gift wrap	Your Own Gift Wrap		"Making" Hobbies	159
Hobbies	practice your craft using something new	Re-Craft		"Making" Hobbies	159
Hobbies	practice your hobby	Practice Your Craft		"Making" Hobbies	159
Hobbies	sort and categorize your rock collection	What Type is it?		Rocks Rock	198
Hobbies	start a rock collection	Be a Rock Hound		Rocks Rock	198
Hobbies	zze end				
Hobbies - Field Trip	add to your collection	Go on a Treasure Hunt		"Collecting" Hobbies	143
Hobbies - Field Trip	find out more about people involved in the crafts business	Crafty Cash		"Making" Hobbies	159
Hobbies - Field Trip	find out more about people involved in the crafts business	Crafty Cash		"Making" Hobbies	159
Hobbies - Field Trip	visit a professional potter's studio	Fuel and Fire		Ceramics and Clay	141
Hobbies - Field Trip	visit a fabric store and learn about different kinds of fabrics	Find the Fabrics		Sew Simple	169
Hobbies - Field Trip	zze end				
Hobbies - Handbook	find out about a potential hobby out of the Handbook	Find a New One		"Doing" Hobbies	151
Hobbies - Handbook	zze end				
Hobbies - Service Project	organize and/or collect clothing or food	Collect for the Community		"Collecting" Hobbies	143
Hobbies - Service Project	do a service project related to your hobby	Give Back		"Doing" Hobbies	151
Hobbies - Service Project	become a reading buddy for a younger child	Be a Reading Helper		Books	137
Hobbies - Service Project	use your print making skill in a service project	Help by Design		Prints and Graphics	165
Hobbies - Service Project	make cancer caps for children going through chemotherapy	Hospital Helpers		Sew Simple	169
Hobbies - Service Project	help collect toys and fix them up for kids who would benefit from them	Toy Recycling		Toymaker	173
Hobbies - Service Project	zze end				
Hobbies - World	find out about your collection in other cultures	Collecting Globally		"Collecting" Hobbies	143
Hobbies - World	what do people do as a hobby in other countries	What in the World are you "Doing"		"Doing" Hobbies	151
Hobbies - World	learn about your craft by looking at global and historical examples	Where and When		"Making" Hobbies	159
Hobbies - World	zze end				
Hobbies - Writing	write and talk about collecting with family and friends	Building Your Collection		"Collecting" Hobbies	143
Hobbies - Writing	write a description of your craft for a museum	An Honor		"Making" Hobbies	159
Hobbies - Writing	zze end				
Home	what is your dream environment	What's Best?	10	Humans and Habitats	17
Home	look for shapes around your home	Shape Up		Math Whiz	161
Home	list products in your home made outside USA, find on map, share with troop	Global Product Hunt		Ready for Tomorrow	online
Home	conduct a safety check of your home	Safe at Home		Safety First!	67
Home	do a toy hazard check at home	Toy Safety		Toymaker	173
Home	do one energy saving idea	Conserve Energy		Ms. Fix It	163
Home	zze end				
Kites	make and fly a kite	Go Fly a Kite	3	Aerospace	181
Kites	work on a project that requires many hands- taffy pull, troop quilt, kite flying festival	A Feast of Folk Crafts	8	Folk Arts	155
Kites	practice flying a kite or Frisbee, invite an expert to demonstrate	Kites and Frisbees	10	Outdoors in the City	115
Kites	zze end				
Kits	create an emergency kit for the car	Be Prepared		Car Care	59
Kits	build at least one model in a set & 2 other models you design	Model Home		Do-It-Yourself Badge	online
Kits	make a snow-storm emergency kit	Snow Travel Savvy		Frosty Fun	101
Kits	put together a first aid kit for a day hike	Know Your First Aid		Hiker	103
Kits	plan and assemble a first aid kit for your outdoor activity	A First Aid Kit		Outdoor Fun	113
Kits	create a personal stress kit	Create a personal stress kit		Stress Less	87
Kits	make a first aid kit	Be Prepared		Walking for Fitness	89
Kits	zze end				
Knots	knot string and cord into decorative patterns	Macrame		Jeweler	157
Knots	demonstrate how to tie several knots	Tied up in Knots		Outdoor Fun	113
Knots	Do at least 2 of the listed knots	A Sailor's Life	6	Water Fun	
Knots	do a simple macrame project	Knot Project		Yarn and Fabric Arts	179
Knots	overhand, square, granny, half hitch, sheepshank, & clove hitch knots	Knots		Yarn and Fabric Arts	179
Knots	zze end				

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Manners	learn about business manners	Practice Makes Perfect	8	Business-Wise	11
Manners	practice situations you may come across selling cookies	Tough Cookies	3	The Cookie Connecto	9
Music	design an instrument	A New Sound		Making Music	193
Music	learn about the families in instruments	A Family Affair		Making Music	193
Music	learn to play 2 new songs on your choice of instrument	Practice, Practice, Practice		Making Music	193
Music	write your own piece of music, teach it to someone else	Compose Yourself		Making Music	193
Music	learn about music from a different era	Music: Insight to History		Music Fan	195
Music	listen to 2 kinds of music new to you	Listening to Something New		Music Fan	195
Music	listen to a piece of music & identify the instruments	What's a song made of?		Music Fan	195
Music	make your own instrument	Found Music		Music Fan	195
Music	make a simple musical instrument you can tune	What's Vibration got to do with it?		Science Sleuth	209
Music	zze end				
Nature	pick a sport and find out what type of impact it has on the environment	Impact Free		Adventure Sports	69
Nature	come up with ideas on how you can help the ecosystem	Earth as an Ecosystem		Earth Connections	95
Nature	take part in a tree planting activity	Plant a tree		Eco-Action	97
Nature	create a sun squad to educate about the sun	The Sun Squad		Environmental Health	72
Nature	plant & care for a garden with at least 1 food item you then eat it	Plant It, Eat it		Food, Fibers and Farm	online
Nature	find an org. that plants trees or prevents them being cut. How can you help?	Global Tree Action		Ready for Tomorrow	online
Nature	participate in an environmental action project	Take Action		Ready for Tomorrow	online
Nature	work on a tree-planting project in your community. Care for them afterward.	Plant a Tree, Help It Grow		Ready for Tomorrow	online
Nature	watch clouds for a week, learn about them	Become a Cloud Watcher		Weather Watch	219
Nature	find the healthful properties for 3 plants listed in book	Nature's Remedies		Wildlife	125
Nature	zze end				
Night-time	plan group camping trip	Make a plan		Camp Together	93
Night-time	take a starry night hike or stargaze	The Outdoors at Night		Camp Together	93
Night-time	write a poem about the night sounds	The Outdoors at Night		Camp Together	93
Night-time	plan and go on 2 all-day hiking trips or overnight backpacking trips	Happy Trails to You		Hiker	103
Night-time	participate in a night watch when on a camp out	Starry, Starry night		Outdoor Creativity	111
Night-time	participate in a night watch when on a camp out	Starry, Starry night		Outdoor Creativity	111
Night-time	find the North Star and locate 2 constellations	Direction, Please		Sky Search	213
Night-time	learn about meteorites, arrange a meteorite party	The Sky is Falling		Sky Search	213
Night-time	learn to identify 5 constellations	Constellations		Sky Search	213
Night-time	zze end				
Outdoors	take pictures of the outdoors	Landscape		Camera Shots	139
Outdoors	develop a list of clothing and equipment for camping	Dress Right		Camp Together	93
Outdoors	learn a new outdoor skill	Challenge Yourself		Camp Together	93
Outdoors	learn about "leave no trace" camping	Walk Softly		Camp Together	93
Outdoors	plan group camping trip	Make a plan		Camp Together	93
Outdoors	plan your own activity	The Outdoors at Night		Camp Together	93
Outdoors	identify 10 tree species	Identify that Tree		Earth Connections	95
Outdoors	learn how to tell how old a tree is	Reading the Rings		Earth Connections	95
Outdoors	observe how animal and plant groups change over a period of time	Observing Change		Earth Connections	95
Outdoors	learn how to set and follow trail signs	Trail Signs Traffic		Finding Your Way	99
Outdoors	show you know how to use a compass	North, South, East, West		Finding Your Way	98
Outdoors	have a snow sculpture contest with friends or family	Snow Sculptures		Frosty Fun	100
Outdoors	find out how to use 2 different forms of cooking	Cook it!		Outdoor Cook	109
Outdoors	plan, prepare and serve an outdoor meal	Bon Appetit!		Outdoor Cook	109
Outdoors	show you can maintain a fire in windy or wet weather	Don't let the Fire go out		Outdoor Cook	109
Outdoors	show you know how to use a backpackers stove or camp stove	Cooking on a camp stove		Outdoor Cook	109
Outdoors	take a lead role in the clean up process	Keep it Clean		Outdoor Cook	109
Outdoors	participate in a night watch when on a camp out	Starry, Starry night		Outdoor Creativity	111
Outdoors	know how to dispose of waste water and garbage	Protect the Environment		Outdoor Fun	113
Outdoors	make plans for the next trip outdoors	Looking Ahead		Outdoor Fun	113
Outdoors	show you know how to build, prepare food and put out a fire	Build a Fire		Outdoor Fun	113

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Outdoors	unpack, clean and store your groups equipment	Clean Up		Outdoor Fun	113
Outdoors	learn to play an outdoor game	Do You Double Dutch?		Outdoors in the City	114
Outdoors	practice flying a kite or Frisbee, invite an expert to demonstrate	Kites and Frisbees	10	Outdoors in the City	115
Outdoors	discover what soil is made of	Soil Sense		Rocks Rock	198
Outdoors	go on a geo hunt	Geo Hunt		Rocks Rock	198
Outdoors	sort and categorize your rock collection	What Type is it?		Rocks Rock	198
Outdoors	start a rock collection	Be a Rock Hound		Rocks Rock	198
Outdoors	do a stream health check	Environmental Observer		Science Discovery	203
Outdoors	observe, draw and capture a spider web	Natural Geometry		Science in Everyday L	205
Outdoors	find the North Star and locate 2 constellations	Direction, Please		Sky Search	213
Outdoors	learn to identify 5 constellations	Constellations		Sky Search	213
Outdoors	be aware of your surroundings involving water	Picture It		Water Fun	122
Outdoors	watch clouds for a week, learn about them	Become a Cloud Watcher		Weather Watch	217
Outdoors	learn about an outdoor activity that can become a lifelong hobby	An Outdoor Hobby		Your Outdoor Surroun	127
Outdoors	learn about minimal impact	What Does minimal impact mean		Your Outdoor Surroun	127
Outdoors	zze end				
Outdoors - Boats	learn nautical terms for the major parts of a boat	From Bow to Stern		Small Craft	119
Outdoors - Boats	show knowledge for boating emergencies	All Hands on Deck		Small Craft	119
Outdoors - Boats	show you can "trim" your craft	Permission to Board		Small Craft	119
Outdoors - Boats	show you can handle a sailboat	Hoist the Sails!		Small Craft	119
Outdoors - Boats	show you can handle a small craft safely	Shove Off		Small Craft	119
Outdoors - Boats	show you know how to clean a boat	Swab the Deck!		Small Craft	119
Outdoors - Boats	show you know how to handle a motor boat	Full Speed Ahead!		Small Craft	119
Outdoors - Boats	show you know how to handle boating using rules of the water	Thar she Blows!		Small Craft	119
Outdoors - Boats	show you know how to get in and of a small craft	A Balancing Act		Water Fun	122
Outdoors - Boats	zze end				
Outdoors - Hike	plan a nature hike or scavenger hunt	Natural World		Camp Together	93
Outdoors - Hike	take a starry night hike or stargaze	The Outdoors at Night		Camp Together	93
Outdoors - Hike	discuss safety before hiking	Safety First		Hiker	102
Outdoors - Hike	hike and draw plants or animals you see	Be an Explorer		Hiker	103
Outdoors - Hike	plan and go on 2 all-day hiking trips or overnight backpacking trips	Happy Trails to You		Hiker	103
Outdoors - Hike	plan and show how to dress & what to take on a day hike	Comfort and the Right Stuff		Hiker	103
Outdoors - Hike	use a compass to follow or make a cross-country hike	A Different Kind of Walk		Hiker	103
Outdoors - Hike	take a hike and listen to the "music" the animals make, tape it	Nature's Call		Music Fan	195
Outdoors - Hike	go on a geology walk, look for evidence of a changing Earth	Rockin' Along		Science in Everyday L	207
Outdoors - Hike	plan and pack a well balanced snack for a long walk	Fast Food		Walking for Fitness	89
Outdoors - Hike	take a hike (see ideas in Handbook)	Take a nature hike		Your Outdoor Surroun	127
Outdoors - Hike	zze end				
Pictures	learn about different kinds of film, camera and video for pictures	Camera Shop		Camera Shots	139
Pictures	learn how to clean your camera or video recorder	Get Ready, Get Set		Camera Shots	139
Pictures	learn how to use a video camera	The Basics		Camera Shots	139
Pictures	take pictures of the outdoors	Landscape		Camera Shots	139
Pictures	take pictures of your family	Portraits		Camera Shots	139
Pictures	take pictures or video of action shots, learn the best way	Be a Sports Photographer		Camera Shots	139
Pictures	tell a story with pictures, video you have taken	Tell a Story		Camera Shots	139
Pictures	video tape a GS or family event, have a screening party	Screen Test		Camera Shots	139
Pictures	look at some old photos, what stories do they tell	A Picture tells a Thousand Thoug		Folk Arts	154
Pictures	take pictures of a fun hike to share	Share the Fun		Hiker	103
Pictures	look at aerial photos of your community	From Above		Local Lore	51
Pictures	use photos take of the world to locate points of interest	The View from Above		Rocks Rock	199
Pictures	zze end				
Plants	learn to identify 5 plants native to your area	Plants and People		Earth Connections	95
Plants	plant & care for a garden with at least 1 food item you then eat	Plant It, Eat it		Food, Fibers and Farn	online
Plants	find as many things as you can that were made from plants	Plants Here, There, and Everywh		Plants and Animals	116

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Plants	learn about one plant that is considered a pest	What a Pest!		Plants and Animals	117
Plants	work on a tree-planting project in your community. Care for them afterward.	Plant a Tree, Help It Grow		Ready for Tomorrow	online
Plants	draw, or take pictures of a plant or animal you can observe	It's all about the Details		Wildlife	125
Plants	identify 1or 2 poisonous plants in your area	Touch-Me-Knot		Wildlife	125
Plants	zze end				
Plants - Gardening	design a garden	Nature's Design		Architecture	129
Plants - Gardening	plant & care for a garden with at least 1 food item you then eat	Plant It, Eat it		Food, Fibers and Farn	online
Plants - Gardening	plant a garden	Your own Garden		Outdoor Creativity	111
Plants - Gardening	take a tour of a community, botanical garden	A Garden Tour		Outdoor Creativity	111
Plants - Gardening	become involved in a city garden to help the community	A City Garden		Outdoors in the City	115
Plants - Gardening	grow you own greenery	Garden Gifts		Plants and Animals	116
Plants - Gardening	zze end				
Problem - Solving	solve problems that could happen when 5 people live together	Solve it Together		Celebrating People	45
Problem - Solving	discuss "what if" problems when selling cookies	Speech Writer/Handler		Cookie Biz	online
Problem - Solving	find out about women in history who solved a problem in her society	Historical Insight		Creative Solutions	145
Problem - Solving	select 1 item from your list & come up with 3 ways to help your community	Local, National, and Global Probl		Creative Solutions	145
Problem - Solving	talk to someone who frequently solves problems for a living	How others solve problems		Creative Solutions	145
Problem - Solving	find out about a world problem and how to solve it	World Service	8	GS Around the World	3
Problem - Solving	learn about how to deal with stress	Don't explode		Highway to Health	83
Problem - Solving	write a story about how you solved a problem using your values	Value-Based Approaches		It's Important to me	36
Problem - Solving	brainstorm solutions to a community problem	More on Leadership	7	Lead On	19
Problem - Solving	act out solutions to travelers problems	What would you do?	2	On My Way	25
Problem - Solving	for one afternoon help someone with a project or problem	Do for Others		Stress Less	87
Problem - Solving	zze end				
Reading	read comics from 20-30 years ago and compare to now	What's so Funny		Across Generations	41
Reading	read a book about teenage girl	Read about it		Becoming a Teen	31
Reading	see if today's tweens are accurately shown	Today's "Tweens"		Becoming a Teen	31
Reading	see if today's tweens are accurately shown	Teen Habits		Becoming a Teen	31
Reading	discuss a character from a book. Create your ideal role model.	Find Role Models	4	Being My Best	32
Reading	become an expert in a subject by reading about it	How To? Read On!		Books	137
Reading	make an audio tape of a story to give to someone who cannot read	Be a Tape Worm		Books	137
Reading	read 1 or 2 picture books to a younger scout	Picture This!		Books	137
Reading	read 2 folk tales, poems or stories from another culture	It's a Wide World		Books	137
Reading	read a review of a story in the newspaper	Read and Review		Books	137
Reading	read a story, poem, folk tale that reflects past life in the US	The Living Past		Books	137
Reading	read 5 books and then read 2 or 3 to a younger child	Telling Tales		Caring for Children	43
Reading	use manual to learn to repair & maintain a piece of equipment or large appliance	Appliance Repair		Do-It-Yourself	online
Reading	read 2 or 3 stories where the setting influences the plot, write your own	Read All About it		Globe-Trotting	185
Reading	read books about horses	Horse Stories	9	Horse Fan	105
Reading	read 3 appliance manuals and find a common problem	Read All About it		Ms. Fix It	163
Reading	read a story from the past with a moral and share it with others.	The Moral of the Story Is...		Now and Then Stories	online
Reading	read stories whose morals concern protecting the environment. Perform it.	Care For The Earth		Now and Then Stories	online
Reading	rewrite a fairy tale or fable by taking out the stereotypes and making it more realistic.	Stereotype Myths		Now and Then Stories	online
Reading	learn 2 stories that were used to explain the constellations	Connect the Dots		Sky Search	213
Reading	read a story to a younger girl and discuss the decisions in the story	Learning by Example		The Choice is Yours	61
Reading	read women's biographies. Make a list of the characteristics that made women successful.	Read All About It		Women's Stories	online
Reading	zze end				
Research	find out about becoming an astronaut	Women Flying Sky High		Aerospace	181
Research	learn about science & technology used in exploring space	Space Flight Spinoffs		Aerospace	181
Research	find out about laws in your state about energy conservation for buildings	Conserving Energy		Architecture	129
Research	find out where people use art for therapy	Art as Therapy		Art in 3-D	133
Research	find out about girls in their teens who have been successful	Successful teens		Becoming a Teen	31
Research	find out about the different products people use to conduct business	Comparison Shopping		Computer Fun	183
Research	compare 3 different companies selling the same item	Comparison Shop		Consumer Power	35

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Research	compare 3 stores	Compare stores		Consumer Power	35
Research	compare an item you'd like to buy	Shop Around		Consumer Power	35
Research	investigate a new or developing technology	The Future is Here		Discovering Technology	149
Research	learn about blueprints & drawings, make one to redesign a room in your house	Blueprints and Drawings		Do-It-Yourself Badge	online
Research	learn how to remove common household stains from at least 3 materials	Out with That Spot		Do-It-Yourself Badge	online
Research	learn names, proper uses & how to care for tools	What tool should I use?		Do-It-Yourself Badge	online
Research	use manual to learn to repair & maintain a piece of equipment or large appliance	Appliance Repair		Do-It-Yourself Badge	online
Research	visit a lumber yard to learn about building material, paints, energy saving materials	What's in my house?		Do-It-Yourself Badge	online
Research	write the Federal Citizen Information Center for info to help with this badge	Smart Consumer		Do-It-Yourself Badge	online
Research	find out about a woman artist	Women who Paint		Drawing and Painting	153
Research	how much electricity does your family use	What's Watt		Eco-Action	97
Research	find out about the dangers of lead	Get the Lead Out		Environmental Health	73
Research	find out if the fishing spots in your area are clean	Goin' Fishing		Environmental Health	72
Research	discuss with your family a typical household purchase, research & compare prices	Price-Wise		Family Living	online
Research	figure out a week's meat & how much grain it took to produce	What Is a Food Chain?		Food, Fibers and Farm	online
Research	become an expert about a country	Map it Out		Globe-Trotting	185
Research	find out about how a natural phenomena happens	Be Aware-Be Prepared		Globe-Trotting	185
Research	investigate 3 ways that different cultures use technology to keep in touch	Is Anybody There?		Globe-Trotting	185
Research	find out about a world problem and how to solve it	World Service	8	GS Around the World	3
Research	watch TV and see if they display drugs, smoking or alcohol	Get with the program		High on Life	65
Research	plan a virtual hike to a place listed in the Handbook	Hiking is Worldwide		Hiker	103
Research	learn about types of homes that nomadic people use	Have home, will travel	1	Humans and Habitats	16
Research	look for people who have made poor value decisions on TV	Values in the News		It's Important to me	37
Research	learn about one type of stone or mineral used in jewelry	True Gemstones		Jeweler	157
Research	compare a map of neighborhood from 25 years ago to now	It's all on the maps		Local Lore	51
Research	find out about 2 pieces of music influenced by historical events	The World and It's influence on M		Making Music	193
Research	learn about a composer and his/her piece of music	Musical Roots		Making Music	193
Research	find out about different ways to invest and save money	Best Investments	2	Money Sense	22
Research	find out about business in your community	Who's Around		My Community	53
Research	where do you go to get help in your community	Questions and Answers		My Community	53
Research	find out about famous people who share your heritage	Broaden your background		My Heritage	55
Research	what does your name mean	What's in a name		My Heritage	55
Research	attend pro storytelling or watch a video. Learn how voice and gestures are used.	Telling Stories For A Living		Now and Then Stories	online
Research	learn about rescue workers who save animals from oil spills	A Day's Week		Oil Up	196
Research	find out about places to visit within your state	Girl Scouts Statewide	5	On My Way	25
Research	learn about a piece of art inspired by nature	It's Famous		Outdoor Creativity	110
Research	find out about 3 outdoor activities in your community	What can You do		Outdoors in the City	114
Research	collect environmental appeals & budget 100 pennies toward different org.	Penny Power		Ready for Tomorrow	online
Research	learn about an endangered species & how to help it through an org.	Wildlife In Danger		Ready for Tomorrow	online
Research	list products in your home made outside USA, find on map, share with troop	Global Product Hunt		Ready for Tomorrow	online
Research	look for some optical illusions you can share with your family	See What?		Science Discovery	203
Research	how do firefighters, police officers, or EMTs use science & tech. in their jobs?	Emergency Science		Science in Action	online
Research	learn about how at least 2 communications technologies work (pagers, internet, etc.)	Got to Communicate		Science in Action	online
Research	learn how technology meets the needs of people with disabilities. Carry out 1 idea.	Technology-Abled		Science in Action	online
Research	report on a bridge or build a bridge	Bridge Building		Science in Action	online
Research	learn about current missions in space	Mission: Space		Sky Search	213
Research	learn about 2 other American symbols and what they stand for.	... For Which It Stands		United We Stand	online
Research	watch news. Record how many times women were mentioned, why. Analyze chart	Women in the News		Women's Stories	online
Research	learn about an ethnic group not your own. Show what you learned (skit, clay, draw, speech, story, etc.)	Culture Sleuth		World in My Communi	online
Research	participate in a cultural event for an ethnic group not your own, find meaning & background	Celebrate		World in My Communi	online
Research	visit a restaurant/home with food different from what your family cooks. Learn about it.	Let's Dine Out		World in My Communi	online
Research	how is your favorite holiday celebrated in another country	Traditions		World Neighbors	29
Research	zze end				
Research - Animals	find out about the places you can ride horses in your community	On the Trail		Horse Fan	105

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Research - Animals	find out about 2 diseases that pets can spread	Don't pass it on		Pet Care	57
Research - Animals	find out about groups and places that care for pets	Other Ways to be around animals		Pet Care	57
Research - Animals	zze end				
Research - Careers	learn about careers related to your hobby	Your Hobby: A Possible Career		"Doing" Hobbies	151
Research - Careers	find out about a job you would like to have	A Career for You	4	Careers	13
Research - Careers	find out about careers in communication	Words of Life		Communication	47
Research - Careers	list a career for each letter of "cookie." Pick one & learn a fact about it.	Outside the Box!		Cookie Biz	online
Research - Careers	learn about a job working on the Web or interview someone with one.	Online Careers		CyberGirl Scout	online
Research - Careers	find out about a career where you need to know about another country	We're All Connected		Globe-Trotting	185
Research - Careers	find out about girl scouts for adults	Careers in Girl Scouting	8	GS in the USA	7
Research - Careers	find out about careers associated with horses	Make a career of riding		Horse Fan	105
Research - Careers	find out about careers in the oil industry	Ten? Twenty?		Oil Up	197
Research - Careers	learn more about geology related careers	"Geo" Careers		Rocks Rock	199
Research - Careers	find out about different kinds of engineers and visit website	Engineering 101		Science in Action	online
Research - Careers	how do firefighters, police officers, or EMTs use science & tech. in their jobs?	Emergency Science		Science in Action	online
Research - Careers	learn about careers in the travel field	Careers in Travel		Traveler	27
Research - Careers	zze end				
Research - Girl Scouts	find out about the Juliette Low World friendship fund	Girl Scouting's founder: Juliette	6	GS Around the World	3
Research - Girl Scouts	learn about a country in WAGGGS	International Expert	7	GS Around the World	3
Research - Girl Scouts	learn about Lord and Lady Baden-Powell	Common Roots	9	GS Around the World	3
Research - Girl Scouts	learn about the four World Centers	WAGGGS Travel	10	GS Around the World	3
Research - Girl Scouts	learn more about GS membership pin and World Trefoil Pin	More about Junior Girl Scout	7	GS in the USA	7
Research - Girl Scouts	zze end				
Research - Sports	pick a sport and find out what type of impact it has on the environment	Impact Free		Adventure Sports	69
Research - Sports	find out how community centers offer court sports for the disabled	A Winning Combination		Court Sports	71
Research - Sports	how has basketball changed since 1912 for girls	Juliette on the court		Court Sports	70
Research - Sports	learn about court sports not popular in the US but in other countries	World of Sports		Court Sports	71
Research - Sports	design a trading card for a female athlete in a field sport you admire	Be a Fan		Field Sports	75
Research - Sports	learn about the equipment needed to play a field sport	The Right Stuff		Field Sports	75
Research - Sports	find 5 examples of how math is used in a sports game	Just the Stats		Math Whiz	161
Research - Sports	find out about a sport's history	"Herstory" of Sport		Sports Sampler	85
Research - Sports	zze end				
Role Model	create your ideal role model	Find role models		Being my best	33
Role Model	interview 3 women about their careers	Role Models	8	Careers	13
Role Model	chose a female athlete you admire and pretend to be her	Be a Role Model		Court Sports	71
Role Model	design a trading card for a female athlete in a field sport you admire	Be a Fan		Field Sports	75
Role Model	act out positive responses to situations	Be Your own Role Model		Healthy Relationships	49
Role Model	practice being a role model	Play a Leading Role	4	Lead On	18
Role Model	who influences the decisions you make	Role Models		The Choice is Yours	61
Role Model	create a display of contemporary female role models and share it	Display It		Women's Stories	online
Role Model	interview a woman whom you feel is a good role model for you. Share the results	Talk About It		Women's Stories	online
Role Model	zze end				
Safety	make a craft safety checklist	Safe Crafts		"Making" Hobbies	159
Safety	pick a sport and learn about the safety equipment	Gear up		Adventure Sports	69
Safety	develop a safety plan for camping	Safety First		Camp Together	93
Safety	find out about safety inspections	Public Safety		Car Care	59
Safety	talk about safety precautions & sign Internet Safety Pledge	Safety On the Web		CyberGirl Scout	online
Safety	have a sun safety fashion show	Sun Sensations		Environmental Health	72
Safety	create a 4 page first aid safety book for younger children	Share the Messages		First Aid	63
Safety	make a travel safety quiz game	Travel Safe		On My Way	25
Safety	organize a safety clinic for younger kids	Safety on Wheels		Outdoors in the City	114
Safety	conduct a safety check of your home	Safe at Home		Safety First!	67
Safety	create a cardboard cutout of protective gear for a sport	Sports Safety		Safety First!	67
Safety	make a safety plan for being in public	Out and About in Public		Safety First!	67

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Safety	plan a way to help younger children learn about safety	Show the way		Safety First!	67
Safety	make a water safety list of things to avoid	Check it Off		Swimming	121
Safety	make a list of safety rules for selling cookies	Safe sales	7	The Cookie Connecto	9
Safety	do a toy hazard check at home	Toy Safety		Toymaker	173
Safety	zze end				
Science	collect and look at snow flakes under a microscope	Flaky Fun		Frosty Fun	100
Science	see how clean hands and dirty hands effect your food	Keeping it Clean		Let's Get Cooking	186
Science	build a structure that you can hang a cup from with weight in it	Materials and Structures		Making it Matter	190
Science	find out the role of bearings in machines, do experiment	Moving Parts		Making it Matter	190
Science	learn about 10 chemicals around the house	Label Check		Making it Matter	190
Science	make your own PH tester	Base-ic Facts		Making it Matter	191
Science	create a beach and make an oil spill, can you clean it	How Does an Oil Spill Affect a Be		Oil Up	197
Science	make and clean up an oil spill	Make and Clean up an Oil Spill		Oil Up	197
Science	discover how speed is affected by friction	Here's the Rub		Science Discovery	203
Science	discover how to use chemical reaction to make an artistic design	Chemical Appearing Act		Science Discovery	201
Science	do 2 science experiments in book	Water Tricks		Science Discovery	202
Science	find out about different kinds of engineers and visit website	Engineering 101		Science in Action	online
Science	learn about how at least 2 communications technologies work (pagers, internet, etc.)	Got to Communicate		Science in Action	online
Science	learn how technology meets the needs of people with disabilities. Carry out 1 idea.	Technology-Abled		Science in Action	online
Science	slurping Plant activity in Handbook	Slurping Plant		Science in Action	online
Science	create erosion	Forces of Nature		Science in Everyday L	205
Science	find out what happens to different kinds of metals when exposed to air	When is Silver Green		Science Sleuth	210
Science	learn about machines	What is a simple Machine?		Science Sleuth	211
Science	make a crystal	Crystal Quest		Science Sleuth	209
Science	test different kinds of paper	The science of papermaking		Science Sleuth	209
Science	use a crystal to separate light	Seeing the Light		Science Sleuth	210
Science	make your own weather	Make Your Own Weather		Weather Watch	219
Science	find out which fabrics will keep you warm and dry	Material Girl		Winter Sports	91
Science	zze end				
Service Project	organize and/or collect clothing or food	Collect for the Community		"Collecting" Hobbies	143
Service Project	do a service project related to your hobby	Give Back		"Doing" Hobbies	151
Service Project	use your hobby to make something for someone	Handmade especially for you		"Doing" Hobbies	151
Service Project	sent a get well card to a person in the hospital, hospice, nursing home	Get Well Soon		A Healthier You	81
Service Project	find a way to assist an older person in your community	Be a Helper		Across Generations	41
Service Project	make a service project directory	Service Directory		Across Generations	41
Service Project	visit a nursing home and learn a song, craft, etc	Share the Fun		Across Generations	41
Service Project	participate in a project to help restore a public space or building	Making Your Mark		Architecture	129
Service Project	do a good deed	Good Deed		Being my best	33
Service Project	become a reading buddy for a younger child	Be a Reading Helper		Books	137
Service Project	bring books in large print, tape or Braille to someone who will enjoy them	Build a Library		Books	137
Service Project	collect books for a specific age group and donate to library	Build a Library		Books	137
Service Project	create a list of places to get help with reading	Be a Reading Helper		Books	137
Service Project	learn about a group & have customers buy cookies to donate to them	Community Philanthropist		Cookie Biz	online
Service Project	select 1 item from your list & come up with 3 ways to help your community	Local, National, and Global Probl		Creative Solutions	145
Service Project	decorate grocery bags for Earth Day	Paper Rules		Eco-Action	97
Service Project	do an earth-friendly service project	Clean and Healthy		Eco-Action	97
Service Project	do something to conserve water	Every Drop Counts		Eco-Action	97
Service Project	take part in a tree planting activity	Plant a tree		Eco-Action	97
Service Project	for at least 2 weeks: shop, prepare meals, do laundry, gardening, or light cleaning.	Lend a Hand at Home		Family Living	online
Service Project	do a service project to help fight hunger	End Hunger		Food Power	77
Service Project	plan a service project	Brainstorm a Service Project	8	GS in My Future	5
Service Project	share information you have gotten on drugs	Share the information		High on Life	65
Service Project	organize or take part in a trail building or maintenance project	Give Back to the Sport		Hiker	103
Service Project	join in a community service project	Valuing Service		It's Important to me	37

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Service Project	collect food for a food drive	Something for Everyone		Let's Get Cooking	187
Service Project	pitch in on a project that will help preserve your community	Walk the talk		Local Lore	51
Service Project	volunteer at an event, fair, or special occasion	Take pride		Local Lore	51
Service Project	design and carry out a project to help your community	Help Out	9	Model Citizen	21
Service Project	help make some repairs in the community	Repairs within Your Community		Ms. Fix It	163
Service Project	help the homeless, or children's hospital	Helping Hands		My Community	53
Service Project	improve, restore, or beautify a cultural center	Make it beautiful		My Community	53
Service Project	volunteer to make an improvement in school or church	One Small Step		My Community	53
Service Project	become involved in a city garden to help the community	A City Garden		Outdoors in the City	115
Service Project	participate in a community service project	Tackle a Community Service Pro		Outdoors in the City	115
Service Project	use your print making skill in a service project	Help by Design		Prints and Graphics	165
Service Project	participate in an environmental action project	Take Action		Ready for Tomorrow	online
Service Project	work on a tree-planting project in your community. Care for them afterward.	Plant a Tree, Help It Grow		Ready for Tomorrow	online
Service Project	do a project to help stop erosion	Wipe Out Erosion		Rocks Rock	199
Service Project	make cancer caps for children going through chemotherapy	Hospital Helpers		Sew Simple	169
Service Project	sew something for people in need	Sew For Service		Sew Simple	169
Service Project	provide sporting equipment for a needy group	Spread the Word		Sports Sampler	85
Service Project	for one afternoon help someone with a project or problem	Do for Others		Stress Less	87
Service Project	plan a service project	Deciding to act		The Choice is Yours	61
Service Project	wrap several boxes of cookies and give them away	Cookies Under Wraps	6	The Cookie Connectio	9
Service Project	help collect toys and fix them up for kids who would benefit from them	Toy Recycling		Toymaker	173
Service Project	help people in your community who are in need for one morning or afternoon	Lend A Hand		United We Stand	online
Service Project	clean up a walkway or trail in your community	Lend a Hand		Walking for Fitness	89
Service Project	help at a charity walk	Lend a Hand		Walking for Fitness	89
Service Project	do a service project that will improve a water related habitat	Fixing it Up		Water Wonders	215
Service Project	help an organization that helps kids	Kids helping kids		World Neighbors	29
Service Project	how can you help the homeless	Without a home		World Neighbors	29
Service Project	how can you help the hungry	World Hunger		World Neighbors	29
Service Project	zze end				
Shoes	compare shoes for 3 different field sports	Feet and Cleats		Field Sports	75
Shoes	find out if you are wearing the right size shoe	If the shoe fits, wear it		Fun and Fit	79
Shoes	visit a shoe store and compare walking shoes	Best Foot Forward		Walking for Fitness	89
Shoes	zze end				
Shopping	visit a store and make a list of home furnishings you like	Budget for the Future		Art in the Home	131
Shopping	visit specialty stores and look at examples of pottery and ceramics	Dream Decorator		Ceramics and Clay	141
Shopping	find out about the different products people use to conduct business	Comparison Shopping		Computer Fun	183
Shopping	compare 3 different companies selling the same item	Comparison Shop		Consumer Power	35
Shopping	compare 3 stores	Compare stores		Consumer Power	35
Shopping	compare an item you'd like to buy	Shop Around		Consumer Power	35
Shopping	set a dollar amount and shop with in that amount	Stretch that dollar		Consumer Power	35
Shopping	discuss with your family a typical household purchase, research & compare prices	Price-Wise		Family Living	online
Shopping	compare a map of neighborhood from 25 years ago to now	It's all on the maps		Local Lore	51
Shopping	go comparison shopping at the mall	Shop Smart	7	Money Sense	23
Shopping	visit a shoe store and compare walking shoes	Best Foot Forward		Walking for Fitness	89
Shopping	zze end				
Smoking	work on a smoke out day for your community	Smoke Free		Environmental Health	73
Smoking	create a poster using ads collected about drugs, alcohol, smoking	Media Overload		High on Life	65
Smoking	role play what you would say to a friend to help them stop smoking	What do you do?		High on Life	65
Smoking	role play what you would say to a friend to help them stop smoking	What do you do?		High on Life	65
Smoking	watch TV and see if they display drugs, smoking or alcohol	Get with the program		High on Life	65
Smoking	zze end				
Song	visit a nursing home and learn a song, craft, etc	Share the Fun		Across Generations	41
Song	listen and learn a cowboy ballad	Song of the Horse	5	Horse Fan	105
Song	create a story, song or poem	Sing someone's Praises		Local Lore	51

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Song	learn a folk song from 2 different cultures	Folk Songs From Afar		Music Fan	195
Song	learn a song your ancestors may have sung	From Yesterday to Today		My Heritage	55
Song	plan song, games around your campfire	Sing Around the Campfire	7	Outdoor Fun	113
Song	listen to 5 of your favorite songs, decide which one is relaxing to you	Listen to Music		Stress Less	87
Song	learn patriotic song. Perform	Sing Out		United We Stand	online
Song	imagine the family history of a person with an unusual name, and write a song.	What's In A Name?		World in My Communi	online
Song	zze end				
Space	participate in a night watch when on a camp out	Starry, Starry night		Outdoor Creativity	111
Space	find out which planets are visible with the naked eye	Planets		Sky Search	213
Space	find the North Star and locate 2 constellations	Direction, Please		Sky Search	213
Space	learn about meteorites, arrange a meteorite party	The Sky is Falling		Sky Search	213
Space	learn about the moon	Time for the Moon		Sky Search	213
Space	learn how to use a star map	Mapping the Skies		Sky Search	213
Space	learn to identify 5 constellations	Constellations		Sky Search	213
Space	zze end				
Sports	for 1 week, do a weight-bearing activity	Strong Bones		A Healthier You	80
Sports	create and obstacle course	Adventure Obstacle course		Adventure Sports	69
Sports	go to a rope course	Rope it!		Adventure Sports	69
Sports	learn how to gain strength, flexibility, and balance	Get Strong		Adventure Sports	68
Sports	take pictures or video of action shots, learn the best way	Be a Sports Photographer		Camera Shots	139
Sports	choose a skill you would like to improve in a court sport	Practice, Practice, Practice		Court Sports	71
Sports	develop a warm up and cool down routine	Warm up		Court Sports	70
Sports	learn about court sports not popular in the US but in other countries	World of Sports		Court Sports	71
Sports	learn how to keep score in court sport	Keeping Track		Court Sports	70
Sports	play a court sport	Play Ball		Court Sports	71
Sports	compare shoes for 3 different field sports	Feet and Cleats		Field Sports	75
Sports	develop a walk and stretch routine	Warm up		Field Sports	74
Sports	learn about the equipment needed to play a field sport	The Right Stuff		Field Sports	75
Sports	learn how to keep score in a field sport	Scores and Stats		Field Sports	75
Sports	make a music tape you would use to prepare for a game	Pump it Up!		Field Sports	74
Sports	play a field sport	Play Ball		Field Sports	74
Sports	work on a quality that will make you a better team player	Team up to win		Field Sports	75
Sports	find out how long it takes you to walk a mile	Walk the Distance		Finding Your Way	98
Sports	learn and practice a new winter sport	Be a Sport		Frosty Fun	101
Sports	develop a cool down routine	Cool Down		Fun and Fit	79
Sports	develop a warm up routine	Warm up		Fun and Fit	79
Sports	do 3 stretches show your troop or family	S-t-r-e-t-c-h		Fun and Fit	79
Sports	do aerobic activities 3-5 times a week for 2 weeks	Get Moving		Fun and Fit	79
Sports	do strength building exercises 2-3 times a week for 3 weeks	Strengthen Up		Fun and Fit	79
Sports	take part in a Volksmarch	March Forward		Hiker	103
Sports	teach a skill to another girl	Team Leadership	8	Lead On	19
Sports	do aerobic activities 3 times a week for 2 weeks	Aerobic Activities		Looking Your Best	39
Sports	find 5 examples of how math is used in a sports game	Just the Stats		Math Whiz	161
Sports	create a cardboard cutout of protective gear for a sport	Sports Safety		Safety First!	67
Sports	choose a skill to improve on in a sport practice for 3 weeks	Practice Makes Perfect		Sports Sampler	84
Sports	develop a warm up and cool down routine, do 3 stretches	Stretch it Out		Sports Sampler	84
Sports	find out about 2 sports new to you	Sport Search		Sports Sampler	85
Sports	find out about a sport's history+B1327	"Herstory" of Sport		Sports Sampler	85
Sports	participate in a sport	Play Time		Sports Sampler	84
Sports	try a new sport for 6 different sessions	Try Something New		Sports Sampler	85
Sports	make a list of 10 actions that can reduce stress, do one	Move that Stress Away		Stress Less	87
Sports	develop a personal walking program and follow it for 3 weeks	Make a plan		Walking for Fitness	89
Sports	do 3 stretching exercises to do before and after walking	Warm up		Walking for Fitness	89
Sports	find out about one of the sports listed	The Winter Olympics		Winter Sports	91

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Sports	go skating and practice some moves outlined in book	Balance, Coordination, and Agilit		Winter Sports	91
Sports	learn how to in-line skate and about safety gear	In-line Skating		Winter Sports	91
Sports	learn the basics of ice hockey	Ice Hockey Anyone?		Winter Sports	91
Sports	use a winter form of transportation to follow a marked trail or path	Distance traveling		Winter Sports	91
Sports	zze end				
Sports - Bicycling	learn about mountain biking	Mountain Bike		Adventure Sports	69
Sports - Bicycling	plan a 20 minute biking tour	Show and Tell		My Community	53
Sports - Bicycling	organize a safety clinic for younger kids on skating, scooter or bicycle riding.	Safety on Wheels	2	Outdoors in the City	
Sports - Bicycling	learn the basics of bike safety	It's not just a ride	8	Safety First!	67
Sports - Bicycling	zze end				
Sports - Kayaking	learn how to kayak	Kayak		Adventure Sports	68
Sports - Kayaking	try a new sport for 6 different sessions	Try Something New		Sports Sampler	85
Sports - Kayaking	zze end				
Sports - Rock Climbing	go rock climbing	Climb the walls		Adventure Sports	69
Sports - Rock Climbing	try a new sport for 6 different sessions	Try Something New		Sports Sampler	85
Sports - Rock Climbing	zze end				
Sports - Skating	learn and practice a new winter sport	Be a Sport	9	Frosty Fun	101
Sports - Skating	organize a safety clinic for younger kids on skating, scooter or bicycle riding.	Safety on Wheels	2	Outdoors in the City	
Sports - Skating	try a new sport for 6 different sessions	Try Something New		Sports Sampler	85
Sports - Skating	go skating and practice some moves outlined in book	Balance, Coordination, and Agilit		Winter Sports	91
Sports - Skating	learn how to in-line skate and about safety gear	In-line Skating		Winter Sports	91
Sports - Skating	learn the basics of ice hockey	Ice Hockey Anyone?		Winter Sports	91
Sports - Skating	zze end				
Sports - Skiing	learn and practice a new winter sport	Be a Sport		Frosty Fun	101
Sports - Skiing	try a new sport for 6 different sessions	Try Something New		Sports Sampler	85
Sports - Skiing	learn about skiing	Get Ready for Skiing		Winter Sports	91
Sports - Skiing	learn how to ski	On the Slopes		Winter Sports	91
Sports - Skiing	zze end				
Sports - Snorkel	try a new sport for 6 different sessions	Try Something New		Sports Sampler	85
Sports - Snorkel	learn to snorkel	Like a Fish		Swimming	121
Sports - Snorkel	zze end				
Sports - Swimming	create a buddy check call when swimming	My Buddy and Me		Swimming	121
Sports - Swimming	get involved in a swimming competition	Going for the Gold		Swimming	121
Sports - Swimming	perform two different dives	Diver		Swimming	121
Sports - Swimming	show you can swim	Go Swim!		Swimming	121
Sports - Swimming	show you can swim under water	Underwater Swimmer		Swimming	121
Sports - Swimming	show you know water safety	Know water safety		Swimming	121
Sports - Swimming	show you can float, tread, 2 swim strokes, and swim 50 yards	Get in the Swim of Things		Water Fun	122
Sports - Swimming	zze end				
Sports - Tennis	find out about the 3 surfaces tennis is played on	Same Sport, Different Court		Court Sports	71
Sports - Tennis	try a new sport for 6 different sessions	Try Something New		Sports Sampler	85
Sports - Tennis	zze end				
Sports - Windsurfing	learn to windsurf	Ride the Waves		Adventure Sports	69
Sports - Windsurfing	try a new sport for 6 different sessions	Try Something New		Sports Sampler	85
Sports - Windsurfing	zze end				
Storytelling	make an audio tape of a story to give to someone who cannot read	Be a Tape Worm		Books	137
Storytelling	read 1 or 2 picture books to a younger scout	Picture This!		Books	137
Storytelling	read 2 folk tales, poems or stories from another culture	It's a Wide World		Books	137
Storytelling	read 5 books and then read 2 or 3 to a younger child	Telling Tales		Caring for Children	43
Storytelling	learn horse tales & tell a group	Horse "Tales"	8	Horse Fan	105
Storytelling	attend professional storytelling or watch a video. Learn how voice and gestures are used.	Telling Stories For A Living		Now and Then Stories	online
Storytelling	find a legend that explains a natural phenomenon, such as a type of weather, a constellation, or a geog	How Nature Works		Now and Then Stories	online
Storytelling	plan a family storytelling night. Think of a way to preserve your family stories.	Stories in the Family		Now and Then Stories	online
Storytelling	read a story from the past with a moral and share it with others.	The Moral of the Story Is...		Now and Then Stories	online

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Storytelling	read some Trickster legends and perform one for your troop/group, or make up a contemporary legend	The Trickster		Now and Then Stories	online
Storytelling	read stories whose morals concern protecting the environment. Perform it.	Care For The Earth		Now and Then Stories	online
Storytelling	share some modern myths or stories. What are the morals of these tales?	The Latest Tall Tales		Now and Then Stories	online
Storytelling	read a story to a younger girl and discuss the decisions in the story	Learning by Example		The Choice is Yours	61
Storytelling	zde end				
Sun	play game about sun safety	Relay for Sun Safety		A Healthier You	81
Sun	plan a days worth a meals for camp, use solar oven or camp stove	Fueling and Cleaning Up		Camp Together	93
Sun	create a sun squad to educate about the sun	The Sun Squad		Environmental Health	72
Sun	Have a sun safety fashion show	Sun Sensations		Environmental Health	72
Sun	sun dry fruit, vegetables or seasonings for a cookout	All Dried Up		Outdoor Cook	109
Sun	cook with the sun to make sun tea or sun jam	Cook with the Sun		Outdoors in the City	115
Sun	learn first aid for sunburn, insect bites, heat exhaustion & stroke, blisters	Be Prepared		Walking for Fitness	89
Sun	zde end				
Talking	brainstorm a list of building you would like to design	From Airports to Zoos		Architecture	129
Talking	get and give advice to other teens	Looking Ahead		Becoming a Teen	31
Talking	create your ideal role model	Find role models		Being my best	33
Talking	create guidelines to start a business with a friend	Friends and Money	5	Business-Wise	11
Talking	give directions on a safety check for a car	Write it down		Car Care	59
Talking	learn about the classifieds	Check out the Classifieds	1	Careers	12
Talking	read and find out what a job related comic strips means	Work is Funny	2	Careers	12
Talking	choose eight things you need to take care of a preschooler	Planning ahead		Caring for Children	43
Talking	go through a toy catalog and discuss good and bad toys	The Toy test		Caring for Children	43
Talking	how can you help stop prejudice	Reach Out		Celebrating People	45
Talking	learn 4 greeting customs from around the world	It's a Pleasure		Celebrating People	45
Talking	learn about 3 people who work for world peace, human rights	Peace on Earth		Celebrating People	45
Talking	see how the community made it easier for handicapped people	Include Everyone		Celebrating People	45
Talking	look at 3 ads for adults and see how they get their attention	Your Parents Dollars		Consumer Power	35
Talking	look at 3 ads for kids and see how they get your attention	Your Dollars		Consumer Power	35
Talking	rename a product not selling well and promote it	Name Game		Consumer Power	35
Talking	change your routine for a week	Change Directions		Creative Solutions	145
Talking	compare items that are the same, one manual & the other electric	Tools to make life easier		Discovering Technology	149
Talking	collect 3 different maps of your area, explain to troop or family	Know your maps		Finding Your Way	98
Talking	learn how to find you way without a map or compass	Finding your way without map or		Finding Your Way	99
Talking	learn how to use a map	How Long and How Far		Finding Your Way	98
Talking	see how to get somewhere using a bus or train map	Bus and Train Maps		Finding Your Way	99
Talking	come up with 3 ways to improve communication	Bridge the Gap		Healthy Relationships	49
Talking	find out what happens when you don't get enough sleep	Sleepy Head		Highway to Health	83
Talking	learn and share a famous story about a horse	Horse "Tales"		Horse Fan	105
Talking	brainstorm a list of five values and vote on them	Values Vote		It's Important to me	36
Talking	have a values debate	Debate it		It's Important to me	37
Talking	how would introduce a female leader	Let's Welcome...	2	Lead On	18
Talking	share how you think your community may change in 25 years	Focus on the Future		Local Lore	51
Talking	give compliments to each other in the troop	Circle of Friends		Looking Your Best	39
Talking	can you guess how many is in the jar	Make it Count		Math Whiz	161
Talking	make a prediction and see if it happens	Predictions		Math Whiz	161
Talking	find out how to protest a decision	News Flash	7	Model Citizen	21
Talking	learn what to do in certain emergency situations (in Handbook)	Call For Help		Ms. Fix It	162
Talking	know how to dispose of waste water and garbage	Protect the Environment		Outdoor Fun	113
Talking	find out how to prevent falls	Fall Safe		Safety First!	67
Talking	plan a fire escape route	Fire Safety		Safety First!	67
Talking	find out how something has changed over time since it was first created	Here Today, Still Here Tomorrow		Science in Everyday L	207
Talking	learn how to choose what you need for a sewing pattern	Pick a Pattern		Sew Simple	168
Talking	find out which planets are visible with the naked eye	Planets		Sky Search	213
Talking	learn how to use a star map	Mapping the Skies		Sky Search	213

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Talking	learn the parts of a telescope	Tools of the Trade		Sky Search	213
Talking	ask 3 of your friends how they deal with stress	Pass it On		Stress Less	87
Talking	share a difficult decision you made	Share the Experience		The Choice is Yours	61
Talking	find out about food-related jobs	From Field to Food Shop	5	The Cookie Connectio	9
Talking	say "I did it" using different forms of expression	How You Say it		Theater	171
Talking	be a travel agent and help plan a trip	Who? What? Where? When? Ho		Traveler	27
Talking	discuss where you would take an alien visiting Earth	Entertaining an Alien		Traveler	27
Talking	ask new students from far away about their old community. Tell them about yours.	Welcome Wagon		World in My Communi	online
Talking	how can you help the hungry	World Hunger		World Neighbors	29
Talking	brainstorm ways you can help the environment	To Protect the Environment		Your Outdoor Surroun	127
Talking	plan a trip to an imaginary site	Pack it Up		Your Outdoor Surroun	127
Talking	take items from outdoors and classify them	Classifying Outdoor Objects: The		Your Outdoor Surroun	127
Talking	talk about the pros and cons of working for yourself	Risky Business?	3	Business-Wise	11
Talking	what communication would you use	Making it Public		Communication	47
Talking	watch TV about teenage dating and talk about it	It's a date		Healthy Relationships	49
Talking	tell about an object that is important to you	Memorably Yours		My Heritage	55
Talking	zze end				
Talking - Cookies	break troop goals into weekly steps	Project Manager		Cookie Biz	online
Talking - Cookies	create an infomercial about your new recipes for desserts with GS Cookies.	Entrepreneur		Cookie Biz	online
Talking - Cookies	describe cookies to help customers want to buy them	Marketer		Cookie Biz	online
Talking - Cookies	discuss "what if" problems when selling cookies	Speech Writer/Handler		Cookie Biz	online
Talking - Cookies	ask people to define a family, record & chart the results.	What's a family?		Family Living	online
Talking - Cookies	find out where you can sell cookies	Five Ways to sell a cookie	1	The Cookie Connectio	8
Talking - Cookies	learn all about cookies	Cookies Know-how	2	The Cookie Connectio	8
Talking - Cookies	make a goal for cookie selling	Make Cookie Sales count	4	The Cookie Connectio	9
Talking - Cookies	zze end				
Talking - interview	interview an older adult about their life	These are their lives		Across Generations	41
Talking - interview	invite someone over 65 who is successful and still working	Love what you do		Across Generations	41
Talking - interview	talk to women of all ages who were once girl scouts	Girl Scouts past and Present		Across Generations	41
Talking - interview	talk with some older people about air travel before 1960	Contact!		Aerospace	181
Talking - interview	learn about a well known architect and visit her	Making their Mark		Architecture	128
Talking - interview	talk with someone in the clothing business	Sell Fashion		Art to Wear	135
Talking - interview	interview a health educator about puberty	Get the facts		Becoming a Teen	31
Talking - interview	interview family members about their teen years	Teen in the family		Becoming a Teen	31
Talking - interview	interview teenagers about freedom and responsibility	Freedom and Responsibility		Becoming a Teen	31
Talking - interview	find out about careers for people who like books and visit	Books for Life		Books	137
Talking - interview	Interview a female business owner	Ask an Owner	2	Business-Wise	11
Talking - interview	interview someone who has own business	Cost and Profit	6	Business-Wise	11
Talking - interview	visit someone who has a job that involves cars	Driving it		Car Care	59
Talking - interview	ask a working person about conflict resolution skills	Getting Along in groups	9	Careers	13
Talking - interview	ask five adults about jobs related to their hobbies	Hobbies Can Be Golden	3	Careers	12
Talking - interview	interview 3 women about their careers	Role Models	8	Careers	13
Talking - interview	practice going on an interview	Interviewing 101	7	Careers	13
Talking - interview	invite a health care professional to demonstrate infant skills	Basic skills for infants		Caring for Children	43
Talking - interview	invite 2-3 adults to tell about weddings & birthdays in their culture	Celebrate the Day		Celebrating People	45
Talking - interview	interview 4 people about how they use computers at work	On the Job		Computer Fun	183
Talking - interview	talk to someone who frequently solves problems for a living	How others solve problems		Creative Solutions	145
Talking - interview	learn about a job working on the Web or interview someone with one.	Online Careers		CyberGirl Scout	online
Talking - interview	talk to an artisan and find out how technology is involved	Technology to Wear		Discovering Technolog	149
Talking - interview	learn about a woman who is a champion of the environment	Woman's Work		Eco-Action	97
Talking - interview	ask several parents how their lives changed when they had children.	A Very Important Job		Family Living	online
Talking - interview	interview oldest members for household & housekeeping changes	Monday Is Wash Day, Tuesday Is		Family Living	online
Talking - interview	find a woman with a sport career and interview her about her work	Work it, Girl		Field Sports	75
Talking - interview	choose an animal you would like to raise & Interview someone who raises it.	Raising An Animal		Food, Fibers and Farn	online

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Talking - interview	learn about agriculture or fishing, food products raised nearby, Share what you learned.	What's Swimming or Growing Ne		Food, Fibers and Farn	online
Talking - interview	learn about ice safety from local parks or fire department	Ice Safety		Frosty Fun	101
Talking - interview	talk to medical professional about the proper us of medicine	Know the Dangers		High on Life	65
Talking - interview	find out how to brush your teeth properly	Take care of your teeth		Highway to Health	83
Talking - interview	pretend to be a talk show host	Talk Show star	1	Lead On	18
Talking - interview	interview women about their skin care routines	Skin care secrets		Looking Your Best	39
Talking - interview	compare living in the USA to another country	Global Citizen	3	Model Citizen	20
Talking - interview	talk to several people about being a citizen of the USA	Rights and Responsibilities	2	Model Citizen	20
Talking - interview	interview someone with a career in music	Careers in Music		Music Fan	195
Talking - interview	talk to older people about their lives	Get Together		My Heritage	55
Talking - interview	record what an elder says about her past. Share your efforts with others.	Keeper of The Past		Now and Then Stories	online
Talking - interview	visit a travel agent or tour guide	Life Travel		On My Way	25
Talking - interview	Interview an elected official and learn what environmental action they took	Get Political		Ready for Tomorrow	online
Talking - interview	find out the most common injuries for kids your age	Safe at any age		Safety First!	67
Talking - interview	interview a woman who is a scientist	Become a Scientist		Science Discovery	203
Talking - interview	interview a doctor or dentist, find how science and math are used	Tools of the Trade		Science in Everyday L	205
Talking - interview	talk to someone who helps people be safe on the water	Jobs on the water		Water Fun	123
Talking - interview	interview a grandmother or an older female relative/friend and ask about changes	Oral History		Women's Stories	online
Talking - interview	interview a woman whom you feel is a good role model for you. Share the results	Talk About It		Women's Stories	online
Talking - interview	read Handbook. Survey to find how disabled get around. Include an interview.	Getting Around		World in My Communi	online
Talking - interview	talk to writers about their work	Author! Author!		Write All About It	177
Talking - interview	learn about a career that is spent mostly outdoors (women speaker)	An Outdoor Career		Your Outdoor Surroun	127
Talking - interview	zze end				
Talking - Language	show a feeling with nonverbal communication	Mum's the Word		Healthy Relationships	49
Talking - Language	test your communication skills	What did you say?	9	Lead On	19
Talking - Language	how do you communicate with a pet?	Animal talk		Pet Care	57
Talking - Language	learn Pledge of Allegiance in ASL (American Sign Language)	Pledge of Allegiance		United We Stand	online
Talking - Language	learns words from 2 other languages	The love of language		World Neighbors	29
Talking - Language	zze end				
Talking - Speaker	invite a person over 70 to show you a special skill or hobby	Learn a new skill		Across Generations	41
Talking - Speaker	learn about the Peace Corp	Peace of Cake	5	Humans and Habitats	17
Talking - Speaker	learn about a job in the finance industry	Careers in Finance	6	Money Sense	23
Talking - Speaker	learn about credit cards	Cash or Credit	4	Money Sense	23
Talking - Speaker	zze end				
Talking - Speech	make impromptu speeches	Thinking on Your Feet	5	Careers	13
Talking - Speech	give a short speech on your favorite subject	Express your view		Communication	47
Talking - Speech	chose a female athlete you admire and pretend to be her	Be a Role Model		Court Sports	71
Talking - Speech	tell a story to a group or at an event	Tell a Story		Folk Arts	155
Talking - Speech	zze end				
Television	watch a space launch on TV or the net	Shoot for the Stars		Aerospace	181
Television	count the number of food commercials during children's TV programs	Messages		Food Power	76
Television	watch TV about teenage dating and talk about it	It's a date		Healthy Relationships	49
Television	watch TV and see if they display drugs, smoking or alcohol	Get with the program		High on Life	65
Television	watch a horsemanship event	Showing off		Horse Fan	105
Television	look for people who have made poor value decisions on TV	Values in the News		It's Important to me	37
Television	watch an opera on television	Opera, Anyone?		Making Music	193
Television	zze end				
Time Management	read time management in Handbook do 1 activity	Time's a Wasting	6	Careers	13
Time Management	read time management in Handbook	One at a time		Stress Less	87
Time Management	zze end				
Video	video tape a GS or family event, have a screening party	Screen Test		Camera Shots	139
Video	visit a video editing facility	Getting It in Shape		Camera Shots	139
Video	come up with recipes for desserts with GS Cookies. Create an infomercial	Entrepreneur		Cookie Biz	online
Video	make a video about something unique in the community	Lights, Camera, Action		My Community	53

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Video	zze end				
WAGGGS	explore the internet for what is happening in GS and Girl Guiding around the world.	Cybersisters		CyberGirl Scout	online
WAGGGS	learn about a WAGGGS country	Sisters	8	Global Awareness	15
WAGGGS	find out about different countries on the net	WAGGGS on the Web	2	GS Around the World	3
WAGGGS	learn about a country in WAGGGS	International Expert	7	GS Around the World	3
WAGGGS	learn about the four World Centers	WAGGGS Travel	10	GS Around the World	3
WAGGGS	zze end				
Walking	develop a walk and stretch routine	Warm up		Field Sports	74
Walking	take part in a Volksmarch	March Forward		Hiker	103
Walking	plan a guided walk with a group through your community	Group Walk		Outdoors in the City	114
Walking	go to 2 places within walking distance of your meeting	Keep track		Walking for Fitness	89
Walking	have a walker's fashion show	Weather it well		Walking for Fitness	89
Walking	help at a charity walk	Lend a Hand		Walking for Fitness	89
Walking	on a walk use a map to arrive at a new destination	Find the Way		Walking for Fitness	89
Walking	plan and pack a well balanced snack for a long walk	Fast Food		Walking for Fitness	89
Walking	visit a shoe store and compare walking shoes	Best Foot Forward		Walking for Fitness	89
Walking	zze end				
Water	do something to conserve water	Every Drop Counts		Eco-Action	97
Water	find out if the fishing spots in your area are clean	Goin' Fishing		Environmental Health	72
Water	learn different ways to conserve water	Water Water Everywhere		Environmental Health	72
Water	try to drink six to eight cups of water a day	Drink Plenty of Liquids		Field Sports	75
Water	collect rain water, figure out how much water you drink	Just a Drop		Globe-Trotting	185
Water	show your ability to test a purify water before drinking	Test the Waters		Outdoor Cook	109
Water	do 2 science experiments in book	Water Tricks		Science Discovery	202
Water	do a stream health check	Environmental Observer		Science Discovery	203
Water	discover different aspects of water	Water Questions		Science Sleuth	210
Water	show you know how to use a PFD	Staying Afloat		Small Craft	119
Water	brainstorm ways you can conserve water	Precious Water		Water Fun	123
Water	learn 2 things about a Sailor's life	A Sailors Life		Water Fun	123
Water	show you know how to use a PFD	Safety First		Water Fun	122
Water	do a water taste test	Water Comparisons		Water Wonders	215
Water	find out how salt water and fresh water are different	Just Add Salt		Water Wonders	215
Water	find out where your water comes from	The Water you Drink		Water Wonders	215
Water	learn about the water cycle process	It's in a Cycle		Water Wonders	215
Water	zze end				
Weather	find a legend that explains a natural phenomenon, such as a type of weather, a constellation, or a geog	How Nature Works		Now and Then Stories	online
Weather	show you can maintain a fire in windy or wet weather	Don't let the Fire go out		Outdoor Cook	109
Weather	look for places weather has affected	Weathered or Not...		Rocks Rock	199
Weather	be a water and weather watcher for boating conditions	Red Sky in the morning, Sailors t		Small Craft	119
Weather	build a weather instrument	Build a Weather Instrument		Weather Watch	217
Weather	learn about weather cycles	Weather Trends		Weather Watch	219
Weather	learn to read a weather map	Weather Maps		Weather Watch	216
Weather	watch clouds for a week, learn about them	Become a Cloud Watcher		Weather Watch	219
Weather	find the best fabrics to us for different types of weather	What would I need if...		Your Outdoor Surroun	127
Weather	zze end				
Wider Ops	find out about Wider Op's	Find out about Wider Ops	3	GS in My Future	4
Wider Ops	plan a wider op for younger scouts	Plan Your Trip to a Wider O	6	GS in My Future	5
Wider Ops	plan and take your own Wider Op	Your own Wider Op	1	GS in My Future	4
Wider Ops	plan your trip to a Wider Op	Plan Your Trip to a Wider O	6	GS in My Future	5
Wider Ops	talk with an older scout who attended a Wider Op	Girl Scouts Far and Wide		Traveler	27
Wider Ops	zze end				
World	find out about your collection in other cultures	Collecting Globally		"Collecting" Hobbies	143
World	what do people do as a hobby in other countries	What in the World are you "Doing"		"Doing" Hobbies	151
World	learn about your craft by looking at global and historical examples	Where and When		"Making" Hobbies	159

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
World	create a way to show architecture from around the World	Architecture Around the World		Architecture	129
World	create a poster of traditional dress of 3 countries	Fashions from Afar		Art to Wear	135
World	look for and collect pictures of art from other cultures	Folk Pottery		Ceramics and Clay	141
World	learn about court sports not popular in the US but in other countries	World of Sports		Court Sports	71
World	explore the internet for what is happening in GS and Girl Guiding around the world.	Cybersisters		CyberGirl Scout	online
World	look for examples of folk arts from 3 countries	Folk Arts Around the Globe		Folk Arts	155
World	find out about a city or town in a country far away	Where in the World	1	Global Awareness	15
World	find out how countries get along	In the news	5	Global Awareness	15
World	find out if your town has a sister city	International Friendships	4	Global Awareness	15
World	find out what it would be like to live in another country	Walk in their shoes	7	Global Awareness	15
World	learn about a female leader from another country	Lead the Way	10	Global Awareness	15
World	represent a country on a regional issue in your troop	Be a diplomat	6	Global Awareness	15
World	learn about different architecture around the World	Picture It		Globe-Trotting	184
World	bake bread from another country	Break Bread	7	Humans and Habitats	17
World	find out about farming in 2 or 3 countries	Farmers around the World	3	Humans and Habitats	16
World	find out how food is cooked in a different culture	The World close to home	8	Humans and Habitats	17
World	learn about holiday values in another country	Other People's Values		It's Important to me	37
World	learn about jewelry from other countries	Jewelry from other lands		Jeweler	157
World	eat your way around the world	Food Around the World		Let's Get Cooking	187
World	use a world map, pick a place to go and figure how to get there	Calculate Your Flight Time		Math Whiz	161
World	keep track of the exchange rates for US money	How much is a dollar worth?	10	Money Sense	23
World	learn a folk song from 2 different cultures	Folk Songs From Afar		Music Fan	195
World	find out about another country that supplies oil to the world	Around the World		Oil Up	196
World	prepare a food from a different country	International cooking		On My Way	25
World	prepare a fruit or vegetable grown in another country	Veggie Voyagers		Plants and Animals	117
World	list products in your home made outside USA, find on map, share with troop	Global Product Hunt		Ready for Tomorrow	
World	find out where a phenomena has effected the world	Around the Globe		Rocks Rock	199
World	bake cookies from another country	Cookies Across Cultures	10	The Cookie Connectio	9
World	do a style of acting found in another part of the World	Theater Around the World		Theater	171
World	find out about toys from around the World	Toys around the World		Toymaker	173
World	learn 2 things about another culture	Culturally Curious?		Traveler	27
World	find out what countries the people in your community or their ancestors came from.	Roots		United We Stand	online
World	find example of art from other cultures	Art Bridges		Visual Arts	175
World	find out about somewhere in the world that doesn't have enough water	Not Enough?		Water Wonders	215
World	find out about clothing in different parts of the world	Clothing all over the world		World Neighbors	29
World	find out about houses in another country	There's No place like home		World Neighbors	29
World	play a new game from another country	Global Games		World Neighbors	29
World	find out about traditional fabric art from a different culture	Fabrics 'Round the World		Yarn and Fabric Arts	179
World	zze end				
Writing	write and talk about collecting with family and friends	Building Your Collection		"Collecting" Hobbies	143
Writing	write a description of your craft for a museum	An Honor		"Making" Hobbies	159
Writing	write a "healthy habits" skit	Getting the message out		A Healthier You	81
Writing	write a survey on how satisfied girls your age are with the way they look	Tell Me what You think		A Healthier You	81
Writing	design your own room, use 2 budgets	Design your own room		Art in the Home	131
Writing	answer questions and share your business plan	Business plan of Action	4	Business-Wise	11
Writing	make a kaper chart	Pitching In		Camp Together	93
Writing	list your observations of a child's behavior and moods	What can you observe?		Caring for Children	43
Writing	answer questions about Earth pretending you're an alien	Who are They		Celebrating People	45
Writing	create a script for a radio show	Word of Mouth		Communication	47
Writing	what is the best way to communicate your idea	Get the Message?		Communication	47
Writing	write a short play	Play it!		Communication	47
Writing	practice writing a complaint letter	When you need to complain		Consumer Power	35
Writing	list 1 career for each letter of "cookie." Pick 1 & learn 1 fact about it.	Outside the Box!		Cookie Biz	online
Writing	make 30-second sound bite as GS spokesperson	Public Relations		Cookie Biz	online

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Writing	who would you like to be shipwrecked with and with what 5 items	Shipwrecked on an Island		Creative Solutions	145
Writing	watch a building or repair project, watch several days, keep a record	Wear a Hard Hat		Do-It-Yourself Badge	online
Writing	create a newspaper on environmental issues	Start the Presses		Eco-Action	97
Writing	create an environmental newspaper, use issues in your community	Environmental Times		Environmental Health	73
Writing	create a poem, song or skit about a fun hike	Share the Fun		Hiker	103
Writing	write what you could live with or without in another lifestyle	Your life would be different	4	Humans and Habitats	17
Writing	list five leaders qualities and discuss with troop	Choose Your leaders	3	Lead On	18
Writing	write and improve a leadership quality	Set a Goal	10	Lead On	19
Writing	design rules, or laws for 2 situations in book	Lawmaker	4	Model Citizen	20
Writing	create a wisdom list from your family	Who Said it		My Heritage	55
Writing	read stories whose morals concern protecting the environment. Perform it.	Care For The Earth		Now and Then Stories	online
Writing	come up with the most 1 dollar words	One Dollar Words		Puzzlers	167
Writing	create some word scrambles	Scramble		Puzzlers	167
Writing	design your own maze	A Maze with a Theme		Puzzlers	166
Writing	make your own crossword puzzle	Crossword Puzzler		Puzzlers	166
Writing	make your own word search	Word Search		Puzzlers	167
Writing	design an "Earth Matters" seal of approval & buy things that don't hurt the environment.	Using Resources Wisely		Ready for Tomorrow	online
Writing	report on a bridge or build a bridge	Bridge Building		Science in Action	online
Writing	write a cheer for your favorite sports team	You Go Girl!		Sports Sampler	85
Writing	create an itinerary for a week long trip	Dream Vacation		Traveler	27
Writing	send away for a travel brochure	Promote a Place		Traveler	27
Writing	find out what countries the people in your community or their ancestors came from.	Roots		United We Stand	online
Writing	send cards to people in the U.S. Armed Forces thanking them for protecting our freedoms.	Write On!		United We Stand	online
Writing	create a display, poster, map, drawing, story, or skit	Creative Control		Women's Stories	online
Writing	create a skit, puppet show, musical play, dance, or shadow box/diorama	Moments in History		Women's Stories	online
Writing	read women's biographies. Make a list of the characteristics that made women successful.	Read All About It		Women's Stories	online
Writing	have each person in the troop write the next sentence to create a story	Group Writing for Laughs		Write All About It	177
Writing	write a news story about your community	Good News		Write All About It	177
Writing	write instructions how to do something	How to How-To		Write All About It	176
Writing	zze end				
Writing	write your own declarations of young peoples rights	Free and Equal		Celebrating People	45
Writing - Book	make a service project directory	Service Directory		Across Generations	41
Writing - Book	create your own picture book	Picture This!		Books	137
Writing - Book	make a booklet for babysitting	Safety First		Caring for Children	43
Writing - Book	write a diary as if you were a real life explorer	Dear Diary....		Globe-Trotting	185
Writing - Book	create a comic book as if you are a drop of oil	Oil Drop		Oil Up	197
Writing - Book	zze end				
Writing - Chart	make a chart about what kids can do at different ages	What, When?		Caring for Children	43
Writing - Chart	make a chart of all the women in your family & record info on them	In Your Own Family		Women's Stories	online
Writing - Chart	zze end				
Writing - Code	learn and write a message in Braille	Communication by the dots		Communication	47
Writing - Code	invent your own code and write a message	Coded Language		Creative Solutions	145
Writing - Code	make your own code	Make Your Own Code		Math Whiz	161
Writing - Code	zze end				
Writing - Journal	keep a journal or diary of personal feelings	Keep a Journal		Being my best	33
Writing - Journal	keep a diary or scrapbook	Your personal heritage		My Heritage	55
Writing - Journal	keep a log of what you use that has petroleum in it	It's in What		Oil Up	197
Writing - Journal	keep a "stress less" journal	Stress Less Writing		Stress less	87
Writing - Journal	keep a feelings diary for a day	What are you feeling		Stress Less	87
Writing - Journal	keep a log with photos, postcards etc.	Document the Days		Traveler	27
Writing - Journal	imagine the family history of a person with an unusual name, and write their journal.	What's In A Name?		World in My Communi	online
Writing - Journal	watch & write conversations, ideas, images	Write from the Start		Write All About It	176
Writing - Journal	zze end				
Writing - Letter	send, forward, & reply to email, copy someone on an email.	Email Savvy		CyberGirl Scout	online

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Writing - Letter	write the Federal Citizen Information Center for info to help with this badge	Smart Consumer		Do-It-Yourself Badge	online
Writing - Letter	write a letter to the president with advice on how to end hunger	Speak your mind		Food Power	77
Writing - Letter	write a letter to the principal about the school lunch menu	Balanced Lunch?		Food Power	77
Writing - Letter	write a letter	Write on	9	Global Awareness	15
Writing - Letter	write a letter to yourself from your body	Sincerely, Your Body		Highway to Health	82
Writing - Letter	write a letter to yourself and include your solar system address	Star Stamps		Sky Search	213
Writing - Letter	write a letter to the editor about whether sports were covered equally	See and Tell		Sports Sampler	85
Writing - Letter	write a letter or plan a visit to an organization involved in issues concerning women.	Women's Issues		Women's Stories	online
Writing - Letter	zze end				
Writing - Lists	list what you can do to prevent diseases	Preventable or Inevitable		A Healthier You	81
Writing - Lists	write positive thoughts for negatives ones	Think Positively		Being my best	33
Writing - Lists	make a list of businesses related to your skills	Talent Scout	1	Business-Wise	11
Writing - Lists	develop a list of clothing and equipment for camping	Dress Right		Camp Together	93
Writing - Lists	make a list of camping tips to pass on to others	Learning from Experience		Camp Together	93
Writing - Lists	find out what household items can be dangerous to a child	The Danger Zone		Caring for Children	43
Writing - Lists	make a list of 5 things that can cause an asthma attack	Every Breath Counts		Environmental Health	73
Writing - Lists	write 5 survival tips for hot or cold weather	Survivor		First Aid	63
Writing - Lists	create a chart to track three items found on 3 food labels	Understand Food Labels		Food Power	76
Writing - Lists	make a list of 6 fun things you can do with your friends	Fun and Games		Healthy Relationships	49
Writing - Lists	create 3 columns of goals and how drugs will effect it	It's Your life		High on Life	65
Writing - Lists	write a list of 10 things that give you a natural high - do it	Natural Highs		High on Life	65
Writing - Lists	how many examples of math can you think of	Math Hunt		Math Whiz	161
Writing - Lists	measure yourself in 5 different ways	Your Numbers Are...		Math Whiz	161
Writing - Lists	make a list of 10 things for being a good neighbor	A Good Neighbor	1	Model Citizen	20
Writing - Lists	make a list of 10 things to take on a trip	I'd Take....		On My Way	25
Writing - Lists	make a list of 10 actions that can reduce stress, do one	Move that Stress Away		Stress Less	87
Writing - Lists	write a list of books to read to help relax	Read and Relax		Stress Less	87
Writing - Lists	make a list of decisions you may make within the next 10 years	Looking Ahead		The Choice is Yours	61
Writing - Lists	make a list of who influences the decisions you make	Role Models		The Choice is Yours	61
Writing - Lists	make a list of 8 things to keep you safe on a trip	Stay safe on the road		Traveler	27
Writing - Lists	keep track of your car or bus trips for one week	Add it Up		Walking for Fitness	89
Writing - Lists	make a list of sites within walking distance of your meeting	Keep track		Walking for Fitness	89
Writing - Lists	zze end				
Writing - Money	invest in and follow a pretend stock in the stock market for 1 month	Ups and Downs of the Mark	5	Money Sense	23
Writing - Money	invest in and follow a pretend stock in the stock market with other girls	Invest together	3	Money Sense	23
Writing - Money	learn about household expenses	Reality Check	8	Money Sense	23
Writing - Money	write a troop budget	Troop Budget	1	Money Sense	22
Writing - Money	zze end				
Writing - Poem	write a poem about the night sounds	The Outdoors at Night		Camp Together	93
Writing - Poem	write a haiku about nature	Nature in Three Lines		Outdoor Creativity	110
Writing - Poem	write a poem about what your country means to you. Submit it to your local or school newspaper, or yo	Express Yourself		United We Stand	online
Writing - Poem	find out how to write 3 different types of poems	A Pocket Full of Poems		Write All About It	177
Writing - Poem	zze end				
Writing - Story	write a short news story	Share the News		Communication	47
Writing - story	write a short article about success with GS Cookie activities, submit to newspaper	Journalist		Cookie Biz	online
Writing - Story	write a short article about a court sport game you watched	Tell it Like it is		Court Sports	71
Writing - Story	write a story about the laws on your alien planet	Create a World		Creative Solutions	145
Writing - story	make up a skit, story or display about family life in the future.	Family 3001		Family Living	online
Writing - Story	write a story about how you solved a problem using your values	Value-Based Approaches		It's Important to me	36
Writing - Story	create a story, song or poem	Sing someone's Praises		Local Lore	51
Writing - story	create a modern fairy tale that includes traditional elements.	Once Upon A Time		Now and Then Stories	online
Writing - story	find a fairy tale or fable that you can modernize by taking out the stereotypes and making it a more cor	Stereotype Myths		Now and Then Stories	online
Writing - Story	write a science fiction story	Science Fiction?		Science in Everyday L	206
Writing - Story	write a story about a girl making an important decision	There once was a girl...		The Choice is Yours	61

Category	Summary Description - always check the Junior Handbook	Requirement	Num	Badge	Page
Writing - story	Imagine the family history of a person with an unusual name, and write it.	What's In A Name?		World in My Communi	online
Writing - Story	create 3 story starters and write a story	Story Starters		Write All About It	176
Writing - Story	write a play	Play it Out!		Write All About It	177
Writing - Story	write a story	True Fiction		Write All About It	176
Writing - Story	write your memories in detail	Memoirs Are Memories		Write All About It	176
Writing - Story	zze end - so you can sort by badge or by category (and get back to the original)				
Younger Girls	write a "healthy habits" skit	Getting the message out		A Healthier You	81
Younger Girls	become a reading buddy for a younger child	Be a Reading Helper		Books	137
Younger Girls	read 1 or 2 picture books to a younger scout	Picture This!		Books	137
Younger Girls	read 5 books and then read 2 or 3 to a younger child	Telling Tales		Caring for Children	43
Younger Girls	help a younger scout make a piece of pottery	Pass on the Knowledge		Ceramics and Clay	141
Younger Girls	demonstrate computer games to a younger group	Fun and Games		Computer Fun	183
Younger Girls	chose a female athlete you admire and pretend to be her	Be a Role Model		Court Sports	71
Younger Girls	create a 4 page first aid safety book for younger children	Share the Messages		First Aid	63
Younger Girls	learn about hypothermia and frostbite, teach younger girls	Serious Fun		Frosty Fun	101
Younger Girls	read about international games in Handbook, teach to a younger girl	Know no Obstacles		Fun and Fit	79
Younger Girls	make a drug abuse prevention presentation	Spread the Word		High on Life	65
Younger Girls	organize a safety clinic for younger kids	Safety on Wheels		Outdoors in the City	114
Younger Girls	plan a way to help younger children learn about safety	Show the way		Safety First!	67
Younger Girls	read a story to a younger girl and discuss the decisions in the story	Learning by Example		The Choice is Yours	61
Younger Girls	learn 2 things about another culture	Culturally Curious?		Traveler	27